

LEAGUE OF HUMAN DIGNITY

ON THE LEVEL

OCTOBER 2007

(DESCRIPTIVE TEXT VERSION)

[WWW.LEAGUEOFHUMANDIGNITY.COM](http://WWW.LEAGUEOFHUMANDIGNITY.COM) & [WWW.MOBILITY-OPTIONS.COM](http://WWW.MOBILITY-OPTIONS.COM)

(The League of Human Dignity logo features the capital letter “H” (royal blue) with a larger size capital “D” (white) behind it. A thick white arrow pointing upward forms the center of the “H.” The words “League of Human Dignity” (black) appear to the left of the symbol.)

ON THE LEVEL is the bimonthly newsletter of the League of Human Dignity, Inc.

The League of Human Dignity is a consumer based nonprofit organization, whose purpose is to promote the full integration of persons with disabilities into society. To this end, we will advocate their needs and rights, while providing quality service to assist them in becoming and remaining independent citizens.

Established in 1971, the League now serves consumers in 62 counties throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle Medicaid Waiver Office in Scottsbluff; and our Mobility Options shop in Lincoln.

ON THE LEVEL is available in Braille and on audio cassette. To request these formats, contact the Public Information Office in Lincoln, or the League of Human Dignity in your area.

To update support group listings (page 12); place classified ads for accessible equipment or supplies (page 15); or to provide news items and other related information contact: Editor, ON THE LEVEL, League of Human Dignity, 1701 P Street, Lincoln, NE 68508; (402) 441-7871 Voice/TDD; FAX: (402) 441-7650; or [mmartin@leagueofhumandignity.com](mailto:mmartin@leagueofhumandignity.com).

LEAGUE OF HUMAN DIGNITY

WHERE TO FIND US...

LINCOLN

1701 P Street

Lincoln, NE 68508

(402) 441-7871

NORFOLK

400 Elm Avenue

Norfolk, NE 68701

(402) 371-4475

OMAHA

5513 Center Street

Omaha, NE 68106

(402) 595-1256

SOUTHWEST IOWA

1520 Avenue M

Council Bluffs, IA 51501  
(712) 323-6863

PANHANDLE  
Medicaid Waiver Office  
17 E 21 ST #2  
Scottsbluff, NE 69361  
(308) 632-0470

## LEAGUE LAUNCHES EXTENDED HOURS SERVICE

Lincoln, Neb. -- A transportation initiative that provides night and weekend transportation for people with disabilities who are dependent on accessible transportation launched on September 17th, to the delight of many Lincolniters with disabilities who have struggled to get around town at night or on the weekends.

“Having the option of a ride at night is going to allow me to get to more activities, it will give me more options,” said Bill Crawford, who uses a wheelchair. “People with disabilities as a whole will be better off because this will open doors and allow us to socialize, work and not be so isolated.”

In the past few years, several agencies in Lincoln began working to coordinate transit options for people with disabilities. The outcome of this effort is the development of the Extended Hours Transportation Service (EHS).

The EHS begins as a one-year pilot program that is partially funded by the Lincoln Community Foundation, Cooper Foundation and Woods Charitable Trust. “We hope to use this year to get a better idea of what the level of need truly is for these services and to see how satisfactory this program will be before we seek additional funding,” stated Mike Schafer, League of Human Dignity CEO.

EHS will operate as a program of the League of Human Dignity. Transport Plus is under contract to the League and will provide. When this service started in September, it was a relief to many because the StarTran Handi-Vans discontinued their night service on September 1st.

EHS will provide transport from 5 pm to 11 pm on weekdays, 8 am to 11 pm on Saturdays and 8 am to 5 pm on Sundays and all legal holidays. This is a vast improvement over what was being offered before and will allow people with disabilities greater flexibility with getting around town to important events. Before this effort, there was limited Handi-Van service on Saturdays and no service was offered on Sundays or holidays.

Lincolniters who are currently eligible for the Handi-Van will be able to use this service for a \$5.00 fare, each way. These rides are on a first come, first serve basis, and are not intended for medical appointment transportation. Someone already using the Handi-Van will just be required to show the driver their Handi-Van I.D. card to ride.

Individuals who are not eligible to ride the Handi-Van, but have a permanent disability that makes them dependent on accessible transportation can call the League of Human Dignity’s Transportation Coordinator at (402) 441-7871 for detailed eligibility requirements and reservation information.

## C.E.O.’S NOTE

As we head into fall there are several things happening in and around the League of Human Dignity that are worth noting.

Let's start with the launch of our newest program, the Extended Hours Service. Much thought, research, and planning went in to the development of this program. It is our hope that these new hours of service for people with limited mobility in Lincoln is just a start to where this program can go. We are trying this "pilot" program for a year and in this time we are hoping to gauge just what the need for this kind of transportation service is in our fair city. For too long people with disabilities have had to struggle to find ways around town after dark or on the weekend. There were numerous hurdles to get through in order to attend a worship service on Sunday or to get to a family member's house for the holidays. Our hope is that these new extended hours will give Lincoln's citizens greater independence to living the life they deserve.

October, November and December will be months of giving thanks at the League for the generosity of our volunteers. We will host luncheons in Lincoln, Omaha, York, Norfolk and Council Bluffs in the next few months to formally say thank you for the countless hours that our volunteers give us each year. We couldn't do it without our volunteers.

That will take us into the busy holiday season. Our December issue is just around the corner so stay tuned.

Respectfully,  
Mike Schafer  
League CEO

## EPILEPSY AND THE ADA: RESTORING THE PROMISE

Updated: July 27, 2007

Congressional Leadership Introduces ADA Restoration Act of 2007

WASHINGTON, D.C., July 26, 2007 — On the 17th Anniversary of the signing of the Americans with Disabilities Act, Congressional leaders – including Majority Leader Steny Hoyer (MD), Rep. Jim Sensenbrenner (R-WI), and Senator Tom Harkin (D-IA) introduced the ADA Restoration Act with strong support from the Epilepsy Foundation, the National Disability Rights Network, and the larger disability community.

Over the past 17 years, the courts have narrowed the definition of disability so much that people with epilepsy and other conditions who manage their disabilities with medication or other forms of treatment were viewed as "too functional" to have a disability. While these same people may be denied a job or fired because an employer mistakenly believes they cannot perform the job, they are still denied the ADA's protection from employment discrimination.

"Since its passing in 1990, various judicial entities have diluted this landmark legislation, determining that they, better than Congress, knew whom Congress had intended to protect with this powerful piece of legislation," said Tony Coelho, key author of the ADA and Immediate Past Chair of the Epilepsy Foundation. "They undermined Congress by putting the burden on disabled people, making them prove they were disabled enough to be protected under the law, rather than on making other entities prove they have not discriminated against disabled people because of their disabilities. In fact, they have at times ignored it when companies admitted to committing such acts of discrimination."

At today's introduction of the ADA Restoration Act, Steny Hoyer said, "Courts have ruled that medication or other corrective measures have made ADA claimants 'too functional' to be considered 'disabled' under the law.

"Let me be clear: This is not what Congress intended when it passed the ADA. We intended a broad application of this law. Simply put, the point of the ADA is not disability; it is the prevention of wrongful and unlawful discrimination." Hoyer concluded, "Passage of this

legislation is critical to helping us achieve the ADA's promise – and creating a society in which Americans with disabilities can realize their potential.”

#### Background

The Americans with Disabilities Act was passed by Congress and signed into law by President George H.W. Bush in 1990 to give people with disabilities equal rights in our country – including in the workplace.

Until 1999 there was little fanfare about whether a person with epilepsy was covered by the ADA, or its model counterpart, the Rehabilitation Act of 1973. Most cases presumed that epilepsy was a covered disability.

Since 1999 though, courts have been struggling with figuring out exactly who should benefit from the ADA. It was in 1998 that the Supreme Court handed down its now landmark decision in *Sutton v. United Airlines*, requiring that the effect of mitigating measures (such as taking medication) be considered in determining if someone has a disability under the ADA.

Since then, courts have recognized that epilepsy is a disability in only a few cases. As a result, people with epilepsy are questioning whether they are even entitled to the protections of the law. Even more troubling is that employers, public accommodations, schools and state agencies have also begun to ask the same question. Just like other Americans, people with disabilities can and want to work to their full ability. The ADA was passed with overwhelming bipartisan support to create a level playing field so everyone who wants a job has a fair chance to find and keep a job they have the skills to do.

Many people who are trying to work despite having an impairment are not being given a fair chance. The ADA Restoration Act of 2007 would correct this injustice. This legislation restores the basic right of people who have a disability to be judged based on performance – just like women, minorities, and the rest of the American workforce.

Information from the Epilepsy Foundation.

(pictured in the top center of the page is a large group of people standing in front of the Road to Freedom Bus)

#### ROAD TO FREEDOM AUGUST 6, 2007

On August 6, 2007, a group of Disability Rights activists who have been touring the nation since last November made a bus stop at the League of Human Dignity in Lincoln. This touring group, inspired by Justin and Yoshiko Dart, is on a national awareness campaign to restore the strength of the ADA.

This year-long, cross-country bus journey (coined The Road to Freedom) launched from Washington, DC on November 15th, 2006 and aims to engage audiences across the United States in the story of the Americans with Disabilities Act and the history of the disability rights movement. They aim to mobilize Americans to keep the promise of the ADA – freedom, inclusion, and opportunity for children and adults with physical, mental, cognitive and developmental disabilities.

Before this year-long tour is done, The Road to Freedom Bus will stop at more than 80 locations nationwide, from state capitals to disability conferences to sporting events to malls and parades.

When the tour stopped in Lincoln, hundreds of Nebraskans gathered together. The tour featured an exhibit filled with historic images..... photogrpahs from re-knownned photographer Tom Olin and huge panels filled with the grassroots history of the ADA. A petition to strengthen the ADA was available to sign and the night also featured speakers from the tour, like

Jim Ward, head of the ADA Watch, and local disability rights leaders from the League and Nebraska Advocacy Services, among others.

The Road To Freedom bus tour and traveling exhibit, which concludes in the next month, is a project of ADA Watch and the National Coalition for Disability Rights (NCDR), an alliance of hundreds of disability, civil rights and social justice organizations founded by disability rights advocate, Jim Ward. Thanks to all who came out and were a part of this important event.

(pictured in the upper left of the page is a crowd listening to speakers while being photographed) As the crowd listens to the featured speakers, photographer Tom Olin prepares to get a few pictures to commemorate the tour stop.

(pictured in the upper right of the page is a group sitting around a table looking at the panels displayed on the walls)

Large panels with pictures and historical information were displayed throughout the League's Center for Independent Living.

(pictured in the middle left of the page is Jim Ward speaking to a group)

Jim Ward, Founder of ADA Watch, speaks during the tour stop with League CEO Mike Schafer. Jim shared stories of his own disability and what ADA Watch hopes to accomplish in protecting the ADA.

(pictured in the middle right of the page is Tim Shaw speaking)

Tim Shaw, from Nebraska Advocacy Services, was a guest speaker during the bus stop.

(pictured in the bottom left of the page is a group of people centered around a few tables)

There was a great turnout for this important event and the League was proud to be a sponsor.

People undoubtedly left that evening with a sense of hope for strengthening the ADA.

(pictured in the bottom right of the page is Richard Tager and Howard Kling sitting at a table)

Many of the League's friends, including Richard Tager and Howard Kling, came to support the bus tour and see what they could do to help the cause.

## LEAGUE OF HUMAN DIGNITY 16<sup>TH</sup> ANNUAL LINCOLN BENEFIT AUCTION THURSDAY, SEPTEMBER 13<sup>TH</sup>, THE EMBASSY SUITES HOTEL

(pictured in the middle left of the page is Pat Hagedorn)

Pat Hagedorn, a League auction volunteer and Wells Fargo employee, gives the "right on" sign after he the highest bidder and winning his desired item on the 2nd Base Silent Auction. Way to go Pat!

(pictured in the bottom left of the page is Mike Schafer and Dale Johnson)

League CEO Mike Schafer joins KFOR's Dale Johnson as he announces the door prize winners.

The Embassy Suites Hotel was the setting for the 16th Annual Lincoln Benefit Auction and what a night it was. Patrons filled the ball room at the hotel prepared for a night of fun and fast bidding and the League did not disappoint.

There were a variety of items up for bid on all three Silent Auction tables including an eight-foot spruce tree, a 50-minute massage, Lincoln Star's Hockey tickets, golf and bowling passes, a bookcase, beautiful paintings and photographs, decorator items for any home, and gift cards to some of Lincoln's nicest restaurants. The Live Auction also offered a little something for everyone.....including a last-minute donation of several NU vs. USC football tickets. (Thank goodness the auction was a whole lot more fun than that game.) And like always, there was an amazing buffet, lots of great raffles to partake in and free drinks from Lincoln's own Empyrean Ales.

Dale Johnson from KFOR was nice enough to offer his talents to serve as our Emcee that night. He guided patrons through the silent auctions and then Shayne Fili and Mark Beacom from Auction Solutions took over during the Live Auction.

The League wants to thank our Corporate Table sponsors for their contributions in making the auction a huge success: Baylor, Evnen, Curtiss, Grit & Witt; Dana Cole & Company; Downtown Optimist Clubs; INSPRO Insurance; TMCO; US Bank; Wal-Mart South. We also want to thank our auction planning committee for their tireless efforts as well: Suzanne Lintz (chairperson), James Hamilton, Lana Brennan, John Fink, Deborah Holt, Elaine Usher, Rohn Loyd, Craig Madson, Paula Shufeldt, and Ed Schulenberg, Jr.

(pictured in the upper left of the page is Deborah Holt)

Roll the Dice Raffle Winner Deborah Holt gets ready to roll em.....

(pictured in the upper right of the page is Deborah Holt)

..... and boy is she excited to roll two 6's. Deborah left the auction with a lot more cash in her pockets than she came with thanks to a \$10 raffle ticket and some good luck!

(pictured in the middle left of the page is Carol Walden)

Cash Raffle winner Carol Walden walks away with \$245, and a spring in her step!

(pictured in the middle right of the page are some of the people who attended the auction, sitting at their tables in the Embassy Suites Hotel)

Fun was in the air on September 6<sup>th</sup>! Thanks to all who came out and made the night such a success!

(pictured in the bottom left of the page is Paula Shufeldt)

League employee and Auction Planning Committee member Paula Shufeldt encourages bidding on one of the silent auction tables.

(pictured in the bottom right of the page is Bonnie Faimon)

Bonnie Faimon, a long-time friend of the League, surveys her winnings after the close of the second silent auction table.

#### EMPLOYEES SAYING GOODBYE...

Christine Mays, Omaha, Services Coordinator

Christy Solomon, Southwest Iowa, Director

Michelle Sorgenfrei, Omaha, Services Coordinator

#### EMPLOYEES SAYING HELLO...

Jason Moore, Lincoln, (Mobility Options) Equipment Technician

Krista Rosentreader, Lincoln, Services Coordinator

#### OF LOCAL INTEREST... ADAPTIVE SPORTS & REC AT MADONNA

Madonna Adaptive Sports and Recreation program offers opportunities for individuals with activity limitations to participate in a new sport or get back into the one they enjoyed in the past.

The program provides open practice times on a monthly basis and workshops periodically. Instructions and adaptive equipment are available for each sport.

For more information on upcoming activities or to be on the sports and recreation mailing list, please contact Ian Thompson at (402) 486-8449 or [ithompson@madonna.org](mailto:ithompson@madonna.org).

## VOLUNTEERS:

The luncheons we host each Fall to thank you, our loyal volunteers, are headed your way. Please be looking in your mailboxes in the next few weeks for invitations to these fun events.

We appreciate all you do for us each and every day and this is our way to say THANKS!

York: Wednesday, Oct. 17th

Lincoln: Wednesday, Oct 24th

Omaha: Wednesday, Oct. 31st

Southwest Iowa: Thursday, Nov. 8th

Norfolk: yet to be decided at press time

Check out our classifieds on Page 15.....

**YOUR \$5 CLASSIFIED AD WILL REACH over 8,000 READERS!**

LEAGUE OF HUMAN DIGNITY, attn: Michelle,

1701 P Street, Lincoln, NE 68508; 402-441-7871 (V/TDD)

FAX: 402-441-7650

(\$5.00 for the first 25 words, 25 cents for each additional word)

LEAGUE DONORS FROM 7/10/2007 TO 9/18/2007

WE APPRECIATE YOU!

BUILDER LEVEL: \$500 & above

Baylor, Evnen Law Offices; INSPRO, Inc.; Lincoln Downtown Optimist Club; Lincoln Federal Savings Bank; Rohn and Beth Loyd; Sandhills Publishing; TMCO, Inc.; US Bank

CENTURY LEVEL: \$100 & above

DuTeau Chevrolet; Home Real Estate; John & Kathy Fink; Lincoln Industries; Li-Cor, Inc.; Wells Fargo Foundation

BELIEVER LEVEL: \$50 & above

Carl Novak; Susan Toelle; Jared Thompson

FRIEND LEVEL: \$25 & above

Bonsall Pool & Spa; Bob James; Jeffrey, Hahn, Hemmerling & Zimmerman, P.C., Elaine Usher; Denise Wiemer

IN MEMORIAL:

Velma Bower

THANKS!

## BARRIER REMOVAL PROGRAM

Barrier Removal Grants are available to qualified renters or homeowners who experience a mobility limitation (or have someone in their family who does). The program is offered in Lincoln/Lancaster County, Omaha and Council Bluffs, and is open to people who have low to moderate incomes (based on HUD income guidelines) and need funds to remove or modify barriers in their homes.

A few modifications that may be considered eligible under the program include: outside ramps and lifts, grab bars, handrails, wider doorways, accessible tubs and showers, and reachable sinks and counters.

Applications for the grants are available at the Lincoln, Omaha, and Council Bluffs Centers for Independent Living.

## LINCOLN

Center for Independent Living

1701 P Street

Lincoln, NE 68508

(402) 441-7871

## OMAHA

Center for Independent Living

5513 Center Street

Omaha, NE 68106

(402) 595-1256

## SOUTHWEST IOWA

Center for Independent Living

1520 Avenue M

Council Bluffs, IA 51501

(712) 323-6863

## A CHRONOLOGY OF THE DISABILITY RIGHTS MOVEMENT

The League has been sharing the path of the Disability Rights Movement.

This issue focuses on 1984, 1985 and 1986.

1984 - The Baby Jane Doe case, like the 1982 Bloomington Baby Doe case, involves an infant being denied needed medical care because of her disability. The case results in litigation argued before the U.S. Supreme Court in *Bowen v. American Hospital Association*, and in passage of the Child Abuse Prevention and Treatment Act Amendments of 1984.

George Murray becomes the first wheelchair athlete to be featured on the Wheaties cereal box.

The U.S. Supreme Court rules, in *Irving Independent School District v. Tatro*, that school districts are required under the Education for All Handicapped Children Act of 1975 to provide intermittent catheterization, performed by the school nurse or a nurse's aide, as a "related service" to a student with disabilities. School districts can no longer refuse to educate a child with disabilities because they might need such a service.

The National Council of the Handicapped becomes an independent federal agency.

Congress passes the Social Security Disability Reform Act in response to the complaints of hundreds of thousands of people whose Social Security disability benefits have been terminated. The law requires that payment of benefits and health insurance coverage continue for terminated recipients until they have exhausted their appeals and that decisions by the Social Security Administration to terminate benefits are made only on the basis of "the weight of the evidence" in a particular recipient's case.

The Voting Accessibility for the Elderly and Handicapped Act mandates that polling places be accessible or that ways be found to enable elderly and people with disabilities to exercise their right to vote. Advocates find that the act is difficult, if not impossible, to enforce.

1985 - Wry Crips, a radical disability theatre group, is founded in California.

The U.S. Supreme Court rules, in *Burlington School Committee v. Department of Education*, that schools must pay the expenses of children with disabilities enrolled in private programs during litigation under the Education for All Handicapped Children Act of 1975, if the courts rule such placement is needed to provide the child with an appropriate education in the least restrictive environment.

The U.S. Supreme Court rules, *City of Cleburne v. Cleburne Living Center*, that localities cannot use zoning laws to prohibit group homes for people with developmental disabilities from opening in a residential area solely because its residents have disabilities.

Gini Laurie founds the International Polio Network, based in St. Louis, Missouri, and begins advocating for recognition of post-polio syndrome.

The National Association of Psychiatric Survivors is founded.

1986 - The Air Carrier Access Act is passed, prohibiting airlines from refusing to serve people simply because they have disabilities, and from charging them more for airfare than travelers without disabilities.

The National Council on the Handicapped issues *Toward Independence*, a report outlining the legal status of Americans with disabilities, documenting the existence of discriminating and citing the need for federal civil rights legislation (what will eventually be passed as the Americans with Disabilities Act of 1990).

Concrete Change, a grassroots organization advocating for accessible housing, is organized in Atlanta, Georgia.

## SUPPORT GROUPS

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. (For corrections, additions or special announcements, contact Michelle in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402- 441-7871 (V/TDD); [mmartin@leagueofhumandignity.com](mailto:mmartin@leagueofhumandignity.com))

### ALS

Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease) Support Group (MDA), Omaha, 7602 Pacific St., Suite 200, 68114; Jessi Thomsen (402) 390-2914.

Nebraska Office, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, (402) 991-8788, 1-866-762-6361; FAX: (402) 991-3691, Keith Worthington Chapter; 8340 Mission Rd., Ste B4, Prairie Village, Kansas 66206, (913) 648-2062.

### ALZHEIMERS

For more info contact the Alzheimer's Association Chapter at (402) 502-4300 or (800) 272-3900.

Atlantic, IA, 3rd Thurs. of mo. 7:00 p.m., Home Care & Hospice Bldng, 1500 E. 10th St. Council Bluffs, last Tuesday of each mo., 6:30 pm at Bethany Lutheran Home, 7 Elliott St. Fremont, NE 3rd Thurs. of mo., 6:30 p.m. Pathfinder House, 3010 N. Clarkson St.

Alzheimers Association of Lincoln/Great Plains Chapter, regular meeting is the 1st Monday of each mo. at 7 pm, Karen (402) 420-2540.

Missouri Valley, IA last Tuesday of each mo. at 3 pm, Longview Home, 1010 Longview Rd. Omaha, NE, various locations including Brighton Gardens, New Cassel, St. Joseph Villa, Thomas Fitzgerald Veteran's Home, Bickford Cottage, and St. Paul's Lutheran Church in Millard. Please call (402) 502-4300 for more specific information and times.

Osceola, 3rd Monday of each mo. at 7 pm, Osceola Good Sam., call Carmen at (402) 747-2691.

Sidney, IA, 4th Monday each mo. at 7pm, First Community Bank.

Scottsbluff 1st Thursday of each mo., Beverly Healthcare, 111 W. 36 St, Stacy Rotherham (308) 635-2019.

Shelby Co. in Harlan, 2nd Tues. each mo., 2:30 pm at Harlan Senior Center, 706 Victoria St.

### AMPUTEE

United Support for Amputees, Omaha Emmanuel Hospital Rehabilitation Center, 3rd Tuesday of each mo., Maxine, (712) 644-2955, after 7 pm.

Beyond Limbloss, Lincoln, Kenny, (402) 466-0268, cell (402) 540-0748.

#### ARTHRITIS

Arthritis Foundation, Nebraska Chapter (402) 330-6130 (within Omaha) and 800-642-5292 (outside Omaha) FAX: (402) 330-6167 The web site remains the same ([www.arthritis.org](http://www.arthritis.org)).

Arthritis Foundation Iowa Chapter, Des Moines, meets monthly, (515) 278-0636; FAX: (515) 278-2636; [Info.ia@arthritis.org](mailto:Info.ia@arthritis.org); [www.arthritis.org](http://www.arthritis.org).

#### ASSISTANCE DOGS

Noah's Assistance Dogs, Crete, NE; 402 826-9012. Helps people with disabilities by providing a range of services using trained dogs to enhance quality of life. Organization dedicated to the training and placement of assistance dogs at a reduced, low cost to the recipient.

[noahsdogs@diodecom.net](mailto:noahsdogs@diodecom.net).

#### ATHLETICS

Cornhusker Wheelchair Athletics Ass'n Lincoln, Ian (402) 486-8449, [www.cwaane.org](http://www.cwaane.org).

Eastern Nebraska Wheelchair Athletic Association, Omaha, Greg (402) 289-3521.

Junior Wheelchair Basketball Team, Omaha, Mike (402) 554-2539; Rita (402) 551-4598.

#### AUTISM

Autism Society of Nebraska, Jean McDermott (402) 431-0166.

Families for Early Autism Treatment (FEAT) of Nebraska, Mark Hirschfeld (402) 955-1780.

Unlocking Autism, Connie Shockley (402) 933-2565.

#### BLIND/VISUALLY IMPAIRED

C-Big (Council Bluffs Blind Information Group) Chuck Dietz (712) 323-4817.

Nebraska Commission for the Blind & Visually Impaired, 877-809-2419. Serving Lincoln, Omaha, Kearney, North Platte, Norfolk and Scottsbluff.

United Blind of Omaha, Gary (402) 455-4116, Sherry (402) 556-4156.

Support Groups for the Visually Impaired Albion, Center, Columbus, Norfolk, Tekamah, Westpoint, John/Glen (402) 370-3436.

Support Groups for the Visually Impaired in Iowa, Iowa Department for the Blind 1-800-362-2587.

VIPS Support Groups for visually impaired; over 1000 members throughout Nebraska; to find your group, contact: President Howard Simons, Islanders Group, 324 W 13 St, Grand Island, NE 68801; (308) 381-8003.

#### CANCER

American Cancer Society, Heartland Division (Omaha Office) (402) 393-5800; 1-800-642-8116.

Lincoln, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.

Lincoln; Corporate Building, 7441 O St., Suite 301. "Breast Cancer Support Group" and "Look Good Feel Good" meetings will be held on 1st or 2nd Wednesday of the mo. Call Mary at (402) 486-7258.

Montgomery Co. in Red Oak, Breast Cancer group, meet monthly at Montgomery County Memorial Hospital, 4th Monday of mo at 6:30 pm, call Carla at (712) 623-7215.

Shelby Co. in Harlan, at Myrtue Memorial Hospital, 4th Monday of the month at 6:30 pm, call Cheryl at (712) 755-5161.

#### CHRONIC PAIN

Lincoln Chapter, American Chronic Pain Association, 1st & 3rd Tues each month, 7-8:30 pm, 1st Step Recovery & Wellness Center, 2231 Winthrop Rd. Call Chapter President Terrance Dukes (402) 423-9405.

#### DEAF

Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) 4600 Valley Rd, Ste 420; (402) 471-3593 or 1-800-545-6244.

Communication Service for Deaf of Iowa, employment services (712) 322-1489.

#### DEPRESSION

Manic Depressive and Depressive Association, Lincoln, (402) 483-8886.

Greater Omaha Depression & Manic Depression Association, Omaha, Kate (402) 551-3275.

Depression/Bipolar Support Alliance-Lincoln, 1st Tues each mo., 7 p.m., call (402) 481-5320.

#### DEVELOPMENTAL DISABILITIES

The ARC of Lincoln/Lancaster County; Individual & Family Support Services; Dads Groups; Sibshops; Family Gatherings; Vacation Program; Group Residences; 1101 Arapahoe, Suite 5, (402) 421-8866; [www.lincolnne.com/nonporofit/arc](http://www.lincolnne.com/nonporofit/arc).

Easter Seal provides services to children & adults with disabilities & other special needs, as well as support to their families. Call 800-650-9880, [www.ne.easterseals.com](http://www.ne.easterseals.com).

Mosaic: at Bethpage Village, 1044 23rd Rd, PO Box 67, Axtell, NE 68924, (308) 743-2401, [Mosaic\\_Axtell@mosaicinfo.org](mailto:Mosaic_Axtell@mosaicinfo.org); 722 S. 12th; Box 607; Beatrice, NE 68310; (402) 223-4066.

#### DIABETES

American Diabetes Assoc. 1-800-342-2383.

Cass Co, 2nd Wednesday every other mo. at 6:30 pm, call Marcia at (712) 243-3250.

Lincoln Diabetes Center: (402) 481-3055.

Page Co., 4th Monday at 6:30 pm, call Elaine at (712) 542-2176.

Pottawattamie Co., 3rd Tues. at 5:30 pm, call Cheryl (712) 755-4316.

Shelby Co., 3rd Monday at 1:30 pm, March - Nov, call Jan at (712) 755-4316.

#### DOWN SYNDROME

Omaha Nat'l Down Syndrome Society (NDSS); Contact (402) 553-5335 or [nebuddywalk@cox.net](mailto:nebuddywalk@cox.net).

Lincoln, NE Parent and family group; meetings, holiday events, Buddy Walk, parent packets, Call: Deb Safarik (402) 466-7641.

Lincoln Early Devel. Services Coordination (402) 441-6710.

National Down Syndrome Society 666 Broadway, New York, NY 10012, 1-800-221-4602, [info@ndss.org](mailto:info@ndss.org).

Council Bluffs Down Syndrome Parent Group, Kyla Alba at (712) 366-0503 x257 or (712) 322-9391.

#### DYSLEXIA

Nebraska Branch International Dyslexia Association, "Smart Kids: School Problems" Grand Island, Brenda (308) 381-8943.

#### EPILEPSY

Epilepsy Association of Nebraska, Omaha (402) 553-6567.

Epilepsy Support Group, meets third Tuesday each mo. in Omaha, Wittson Hall on the UNMC campus, Room 3010.

#### FIBROMYALGIA

Omaha, Arthritis Foundation (402) 572-3040.

Gordon area, meets various places.

Humbolt, IA area, call Judy at (515) 332-3376 (9 am-9 pm); [bjmerris@goldfieldaccess.net](mailto:bjmerris@goldfieldaccess.net).  
Mercy Medical Center, New Hampton, IA area, meets monthly, call Judy (641) 394-3106 ext 189.

Page Co., no classes since spring 2007.

Shenandoah, IA area, meets four times a year or when requested, call Della (712) 246-3244; [delsta@netins.net](mailto:delsta@netins.net).

#### FMS-CF SYNDROME

[www.wicfs-me.org](http://www.wicfs-me.org).

#### GRIEF RESOLUTION

With Horizon Hospice, Monday evenings, (402) 474-3600. Lincoln.

#### HARD OF HEARING

S.H.H.H.- Lincoln, 7 p.m. New Covenant Church, 3rd Tuesday of each mo., (402) 471-3593.

#### HEAD INJURY

Lincoln, Nita Sipple, 2nd Tuesday at 7 pm, First United Methodist Church (402) 890-4521.

Head Injury Survivors Group, 3rd Wednesday at 6:30 pm at Goodwill Industries, Lincoln (402) 231-1933.

Norfolk, 1st Monday, Faith Regional Health Services.

#### HYDRANENCEPHALY

Omaha Local contact: Lynne (402)485-2229 or [rtrease@nntc.net](mailto:rtrease@nntc.net); Internet support also available.

#### LEARNING DISABILITIES

Learning Disabilities Association of Nebraska, Sharon, Omaha (402) 571-7771.

#### LEUKEMIA & LYMPHOMA

Lincoln Family Support Group for adult patients and family members with leukemia, lymphoma, Hodgkin's disease, myeloma or myelodysplastic syndromes. Call The L & L Society, (402) 344-2242 in Omaha, (402) 438-2242 in Lincoln. Omaha-area group meets 2nd Tuesday of the month and Lincoln-area group meets 2nd Monday of the month. Call for more info.

Lincoln Telephone Support Group for adult Myeloma, Lymphoma and Leukemia patients and family members; Mondays 10-11am; talk with support group from home; free service of The Leukemia & Lymphoma Society Call Tonya: (402) 344-2242 or 1-888-847-4974.

#### MDA

Duchene Parents Support Group, Omaha/Papillion, meets quarterly Sat., 1-3; Papillion/LaVista High School, 420 S Washington St; Maggie Phillips (402) 390-2914.

#### MEDICAL EQUIPMENT LOAN

Omaha, Presbyterian outreach Inc. HELP Program, call Jeremy Waymire at (402) 341-6559 x 101.

#### MENTAL ILLNESS

Page Co Serious & Persistent Mental Illness, 3rd Wed. at 1:30 p.m., call Jennifer (712) 542-2388.

Nebraska Family Support Network an advocacy organization for families, supporting Cass, Dodge, Douglas, Sarpy & Washington counties. 3568 Dodge St, Omaha, NE 68131, (402) 345-0791.

National Alliance for the Mentally Ill(NAMI)<http://www.nami.org/sites/ne>. Dan Jackson at NAMI Nebraska, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: 1-877-463-6264; Mental Health Association of Nebraska 1-800-422-6691 or [www.MHA-NE.org](http://www.MHA-NE.org).

Council Bluffs, NAMI meets 1st Thurs of mo., call Laura at (712) 242-0050.

Grand Island 877-463-6264; or Carole Denton (308) 382-8604; [jdenton@navix.net](mailto:jdenton@navix.net).  
Hastings NAMI Hastings, Kevin Ehly (402) 462-8657;  
Juniata/Hastings NAMI - FORSE, Cindy Scott (402) 751-2226, [hs35558@navix.net](mailto:hs35558@navix.net); Hastings  
NAMI CARE (Consumers Advocating Recovery Through Empowerment) Linda Shaw (402)  
463-6354.

Kearney NAMI Central Nebraska, Linda Jensen (308) 865-8729 or Cindy Mayer (308)  
234-3212.

Lincoln NAMI, Susan Krome (402) 484-8653; Tami Walden (402) 471-4515; Mental Health  
Lincoln, Tuesdays 3-4 pm Bennet Martin Library.

McCook NAMI of SW Nebraska, Sandy Graves (308) 345-3013.

Norfolk/Hartington NAMI Northeast Nebraska, Tom Barr (402) 371-7175.

North Platte NAMI Platte Valley, Margaret Baker (308) 535-7434.

Oakland NAMI Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.

Scottsbluff NAMI Western Nebraska, Shirley McLaughlin (308) 635-2239,  
[shirley@prairie.web.com](mailto:shirley@prairie.web.com).

Sutherland NAMI Trails West Nebraska, Margaret Baker (308) 284-4078, [bakerm@gpcom.net](mailto:bakerm@gpcom.net).

#### MULTIPLE CHEMICAL SENSITIVITY

MCS Information Exchange, 3 Larrabee Farm Road, Brunswick, ME, 04011.

[www.conceptmed.com](http://www.conceptmed.com).

#### MULTIPLE SCLEROSIS

Omaha, (402) 572-3190 or 1-800-755-3959.

Lincoln, Nat'l MS Society, 2nd Tues. of each month, 7 pm, 1st Lutheran Church (70th), call  
Karen Lind-Olson (402) 486-1885 or Leatha Johnson (402) 826-4113.

Norfolk, (402) 648-7906.

Council Bluffs, meets 3rd Thursday every month, 7 pm, Jerry Ebsen (712) 366-9569.

#### MYOSITIS

Lincoln, call Mac Warren (402) 438-5183.

Online, [www.myositis.org](http://www.myositis.org).

Support Group, Bennington, call Laura at (402) 238-3261.

#### PARENT SUPPORT GROUP

Parent Training and Information (PTI) for Families of Children with Disabilities 3135 N 93 St,  
Omaha, phone & fax: (402) [346-0525](tel:346-0525); [1-800-284-8520](tel:1-800-284-8520); [kheinen@pti-nebraska.org](mailto:kheinen@pti-nebraska.org).

#### PARKINSON

Lincoln meets 4th Sunday each mo. (no Dec.); 2 p.m.; Madonna Rehabilitation Hospital, 5401  
South St (52nd St entrance); Contact: Jill (402) 486-8164 or Lori (402) 486-9040.

Fremont (402) 478-4853.

Panhandle Area meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm;  
Contact: Maurice Wheeler (308) 623-2508.

Clarinda, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161.

#### PERIPHERAL NEUROPATHY

Lincoln, meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402)  
483-4908.

#### POLIO

Nebr Polio Survivors Assoc., Omaha (402) 341-0710.

Lincoln/Lancaster County, Vera (402) 467-5650.

#### RESPIRATORY

Better Breathers, 4th Monday at 4 pm, call Sharon at (712) 328-5479.

The American Lung Association of Nebraska offers programs & services & education. Call 1-800-586-4872.

#### RESPITE

Omaha, Senior Companions at Presbyterian Outreach Inc., call Pam Jones at (402) 341-6559 x 102.

#### SCHIZOPHRENICS ANONYMOUS

Lincoln Group meets Fridays 7-9pm; First Plymouth, 20th & D St.

#### SCLERODERMA

Lincoln meets at Roper & Son Resource Ctr, 4400 S 70 St; Leader: Terry Christensen (308) 384-4017; terry058@webtv.net.

Omaha meets 2nd Tues. every other month, 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Leader: Barb Heenan (402) 291-7670; omahassg@aol.com.

Grand Island meets at St. Francis Hospital, 2620 Faidley Ave, Conf. Rm 3A; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net.

#### SPINA BIFIDA

Spina Bifida Ass'n of the Star City, Lincoln, Jerry (402) 434-3000.

Omaha, meets 1st Wed. each month 7 pm, Quality Living East Campus, Cabana Room; Call Jolene (402) 894-2070.

#### SPINAL CORD INJURY/DISEASE

ENWISCIA: Brian Richardson, (402) 573-6904 for information or e-mail at ENWISCIA@cox.net.

Spinal Cord Injury Peers (SCIP) meets monthly; Regional West Medical Ctr, Scottsbluff. Call (308)635-7901; or (308) 630-1070.

Central NE Group, Hastings. Call Darla (402) 461-5124.

#### STROKE

4th Thurs./mo. @ 1pm @ Madonna, 5401 South St., Lincoln, (402) 483-9590. Also, "Come Back Club", Lincoln 1-888-808-5678.

Cass Co., 3rd Wednesday at 3 pm at 1501 E 10th St, Atlantic, IA. Rita, (712) 243-7480.

#### CLASSIFIEDS

FOR SALE: 1984 Ford 350 accessible van, newer tires, heavy duty ramp, operates from switches above dash, fold down bed, asking \$995. Please call Lucille at (402) 729-3252. (Fairbury)

FOR SALE: 1986 Ford E150 accessible van, runs good, \$3000. Please call Rich or Teri at (402) 944-2557. (Lincoln)

FOR SALE: Broda manual wheelchair, 30 vt, 20 inch with removable wings, used only three months. Please call Lois at (402) 873-6100. (Nebraska City)

FOR SALE: One and a half story home, fully accessible on main level. Large bedroom with master bath on main floor, one bed, full bath and a loft on 2nd floor. Oversized garage for large van. 512 Village Avenue in Lincoln. Please call (402) 440-2022 or (402) 432-0223.

FOR SALE: Pronto Sure Step M51 power chair. Less than 2 hrs on it, Mint condition! \$2300 Firm. Please call (402) 391-7854. (Omaha)

FOR SALE: Three-wheel electric scooter wheelchair. Please call Jack at (402) 397-1029. (Omaha)

FOR SALE: Invacare extra wide electric wheelchair, 5 years old, motor is new,

red/black, \$1500. Walker, extra wide, \$100. Canes, reversables, \$50. Please call Kathleen at (402) 852-2951, leave message, make offer. (Pawnee City)

FOR SALE: Invacare hospital bed, electric head and foot raise with side rails. Includes air mattress and one set of sheets. Great condition! \$400 firm. Please call (402) 391-7854. (Omaha)

FOR SALE: Joey wheelchair lift for van or pick up, and Sit 'N' Lift GM Mobility chair, fits most chevy vans. Both used 6-8 times and remote-controlled. Please call Sharon at (402) 362-2662. (York)

FOR SALE: Jazzy #1103 Ultra Electric Scooter, new, 1 month of use. Has swivel seat, tilt back rest, adjustable headrest, adjustable arms for width, left or right hand control panel, zero-turn radius. Paid \$4300, now asking \$1200. Please call Mark or Carol after 5:30 p.m. at (402) 782-3925. (Bennet)

FOR SALE: Adult tricycle, heavy duty steel, has slow vehicle flag and basket. Asking \$400. Please call Shirley at (712) 328-7291. (Council Bluffs)

FOR SALE: Semi-electric extra long single homecare bed, 450 lb. weight capacity, like new. Please call Richard at (402) 534-4351. (Utica)

FOR SALE: Sonic Pride 3-wheel mobility scooter, less than 2 years old, great condition. \$1100 OBO. Please call Linda at (402) 420-1321. (Lincoln)

FOR SALE: 1992 Chevy van with side lift, 64,565 miles, Burgundy & white, \$10,000. Please call Lois at (402) 626-7664. (Ewing)

FOR SALE: Infinity electric hospital bed, \$250. Please call Cynthia at (402) 443-1204. (Lincoln)

FOR SALE: Electric Sonic Scooter, good condition, \$550. Please call Esther at (402) 371-5604. (Norfolk)

FOR SALE: Wheelchair accessible home with roll-in shower, closed circuit tv security system for sale at 4858 P Street In Omaha. Has 1485 square feet with 3 bedrooms, 2-car garage holds 1 car & ramp, communication system, house 7 years old, asking \$135,000. Hand controls used in a golf cart, \$300. Please call Frank at (402) 333-3465. (Omaha)

FOR SALE: 1988 Dodge Caravan with lift. Pronto Sure Step power chair, used 1.5 years, excellent condition, joy -stick control. Please call Karla at (308) 935-1768. (Ansley)

FOR SALE: 2004 Quantum 1650 Power wheelchair with 600 lb capacity, has extras, comes with Braun lift. Used only four times. Cost \$25,000 originally, asking \$10,000 OBO. Please call Nancy at (308) 325-2884 (Overton) or (307) 634-2874.

FOR SALE: Invacare portable patient lift, two batteries, one sling, asking \$1500; Invacare hydraulic portable patient lift, two slings, asking \$500; Invacare wheelchair, asking \$250; Invacare electric hospital bed, asking \$550. Please call Lois at (402) 626-7664. (Ewing)

FOR SALE: Hand controls (gears) that can go on any vehicle; Bruno curbsider lift for 3-wheel scooter, new motors, like new, best offer on both. Please call (402) 571-8688 or (303) 465-9408.

(pictured in the upper left of the page is a woman putting cookies in the oven while sitting in her power wheelchair)

(pictured in the upper right of the page is a yellow power scooter)

Do you wish to regain your independence? If so, stop in to Mobility Options to see our selection of Jazzy Power Wheelchairs from Pride. Or perhaps a sporty scooter from CTM would better meet your needs. Either way, Mobility Options has the service and selection to satisfy your

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