

LEAGUE OF HUMAN DIGNITY

ON THE LEVEL

JUNE 2008

(DESCRIPTIVE TEXT VERSION)

[WWW.LEAGUEOFHUMANDIGNITY.COM](http://WWW.LEAGUEOFHUMANDIGNITY.COM) & [WWW.MOBILITY-OPTIONS.COM](http://WWW.MOBILITY-OPTIONS.COM)

(The League of Human Dignity logo features the capital letter “H” (royal blue) with a larger size capital “D” (white) behind it. A thick white arrow pointing upward forms the center of the “H.” The words “League of Human Dignity” (black) appear to the left of the symbol.)

ON THE LEVEL is the bimonthly newsletter of the League of Human Dignity, Inc.

The League of Human Dignity is a consumer based nonprofit organization, whose purpose is to promote the full integration of persons with disabilities into society. To this end, we will advocate their needs and rights, while providing quality service to assist them in becoming and remaining independent citizens.

Established in 1971, the League now serves consumers in 62 counties throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle Medicaid Waiver Office in Scottsbluff; and our Mobility Options shop in Lincoln.

ON THE LEVEL is available in Braille and on audio cassette. To request these formats, contact the Public Information Office in Lincoln, or the League of Human Dignity in your area.

To update support group listings (page 12); place classified ads for accessible equipment or supplies (page 15); or to provide news items and other related information contact: Editor, ON THE LEVEL, League of Human Dignity, 1701 P Street, Lincoln, NE 68508; (402) 441-7871 Voice/TDD; FAX: (402) 441-7650; or [mmartin@leagueofhumandignity.com](mailto:mmartin@leagueofhumandignity.com).

LEAGUE OF HUMAN DIGNITY

WHERE TO FIND US...

LINCOLN

1701 P Street

Lincoln, NE 68508

(402) 441-7871

NORFOLK

400 Elm Avenue

Norfolk, NE 68701

(402) 371-4475

OMAHA

5513 Center Street

Omaha, NE 68106

(402) 595-1256

SOUTHWEST IOWA

1520 Avenue M

Council Bluffs, IA 51501  
(712) 323-6863

PANHANDLE  
Medicaid Waiver Office  
17 E 21 ST #2  
Scottsbluff, NE 69361  
(308) 632-0470

## GRASSROOTS VOTING ORGANIZATION FOR PEOPLE WITH DISABILITIES: NEBRASKA DISABILITY VOTE PROJECT

As we all know by now, 2008 is an election year. A big election year. We're talking new president, new senator, new regents -- we are voting for the whole enchilada this time.

Nebraska just had its primary a few weeks back and signs supporting the myriad of candidates are everywhere. Below is some information about a group based out of Lincoln, Nebraska who are working hard to help make a difference this election year.

I. This is a collaboration with Nebraska Advocacy Services, Inc. and the Nebraska Disability Vote Project.

II. The overall goal is to educate and inform people with disabilities of their voting rights and responsibilities and to help them organize into an effective voting block .

III. How we plan to do this:

- a. Educate and inform by conducting workshops (i.e. how local government works, what resources are available to a citizen, why voting is important), create Voter Guides and a website.
- b. Deputize people with disabilities.
- c. Help organize voter registration drives for people with disabilities.
- d. Help organize "Get out the vote" campaigns for people with disabilities.
- e. Educate the candidates on issues that effect people with disabilities.

Look in future issues of the On The Level for more information about this endeavor. It is important that we all do our part to make this process, this democracy, work.

Get out the vote.

## C.E.O.'S NOTE

Dear Friends,

Each year in the month of July we celebrate the anniversary of the signing of the Americans With Disabilities Act (ADA). It was 1990, a mere 18 years ago, when George H.W. Bush signed the ADA into law.

The intent of this legislation was to become one of the most successful and compassionate reforms in our Nation's history, helping to ensure that individuals with disabilities were better able to develop meaningful skills, engage in productive work, and participate fully in their life. The anniversary of this landmark legislation is an important opportunity to celebrate our progress over the last 18 years and the many contributions individuals with disabilities make to our city, state, country, and world.

There have been bumps along the way and many are pushing the ADA Restoration Act to once again strengthen the ADA. Under the ADA's original definition, a disability was something that limited "one or more major life activities" such as standing or hearing. In the view of the U.S. Supreme Court, a person who can successfully use a mitigating device (hearing aid,

corrective lenses, medication, etc.) by definition no longer has a disability. They then are no longer protected by the ADA -- definitely a "Catch 22."

By stripping away protection, the Supreme Court appears to go against the original intent of the Act. The ADA Restoration Act's intent is to make the law more clear. Changes are likely and hope continues for more progress and protection for people with disabilities.

Mike Schafer, League CEO

## LEGISLATIVE UPDATES IN NEBRASKA

The legislative session in Nebraska has ended with little progress made on the issues the League was watching. Listed below are some details about the six bills we were focused on.

LB738 – CHANGE BRAIN INJURY REGISTRY NOTIFICATION AND REPORTING REQUIREMENTS – indefinitely postponed.

LB806 – CHANGE PROVISIONS RELATING TO DOG GUIDES, HEARING AID DOGS, AND SERVICE DOGS - SIGNED BY GOVERNOR APRIL 17, 2008.

LB1006 – PROVIDE FOR REGISTRY AND SALARY STUDY OF IN HOME PERSONAL SERVICES WORKERS – indefinitely postponed.

LB1121 – ADOPT THE MEDICAID INSURANCE FOR WORKERS WITH DISABILITIES ACT – indefinitely postponed.

LB1122 – CHANGE DENTAL COVERAGE PROVISIONS UNDER THE MEDICAL ASSISTANCE PROGRAM – indefinitely postponed.

LB1176 – CHANGE PROVISIONS RELATING TO MEDICAID BENEFITS AND DEPARTMENTAL REPORTS – indefinitely postponed.

## GOLF ANYONE?

Save the Date: Thursday, Sept. 18th

Mark your calendars for the League's Fall Fundraiser.....

A Day of Golf at the Highlands Golf Course in Lincoln, Neb.

Details coming soon.

(pictured in the middle left of the page is a woman loading a scooter into a van using a Bruno lift)

## BRUNO CURBSIDER LIFTS

Come see our inventory of Used Bruno Curbsider Lifts - Just half the price of new lifts

Mobility Options

Knowledge. Innovation. Independence.

402-441-7871(V/TDD)

[www.mobility-options.com](http://www.mobility-options.com)

1720 'O' Street • Lincoln

## MISC NEWS

### NATIONAL CANCER SURVIVOR DAY

National Cancer Survivors Day® (NCSA) is Sunday, June 1, 2008. On this day, Omaha, Nebraska, will honor our citizens who are living with and beyond cancer. We will join hundreds of communities worldwide in celebrating life as part of the 21st annual NCSA, the world's largest cancer survivor event. Celebrations will be held throughout the United States, Canada, and other participating countries, including the 2008 Omaha Cancer Survivor's Day organized

by the American Cancer Society here in Omaha, NE.

We want to invite everyone to our community's celebration. A survivor is anyone living with a history of cancer – from the moment of diagnosis through the remainder of life, according to the National Cancer Survivor's Day Foundation. In the United States, there are approximately 10.8 million people living with a history of cancer. These people are living proof that a cancer diagnosis is not an automatic death sentence. Major advances in cancer prevention, early detection, and treatment have resulted in longer survival. However, a cancer diagnosis can leave a host of problems in its wake.

Physical, financial, and emotional hardships often persist after diagnosis and treatment. Survivors may face many challenges such as hindered access to cancer specialists and promising new treatments, inadequate insurance, financial hardships, employment problems, and psychological struggles. Despite these difficulties, cancer survivors can live active, productive lives. To improve the quality of life of cancer survivors, more resources and research are needed.

The National Cancer Survivor's Day Foundation, along with national sponsors, AstraZeneca, Coping® magazine, Lilly Oncology, and R. A. Bloch Cancer Foundation, encourages a greater commitment to resolving the issues of cancer survivorship. As the organizers of this local event, we are encouraging everyone to attend the celebration to show his or her support for our community's cancer survivors, their families, friends, and healthcare providers.

DETAILS FOR THE 2008 OMAHA, NE

CANCER SURVIVOR'S DAY PICNIC

DATE: Sunday, June 1, 2008.

LOCATION: 105th St and Pacific Ave, Richard and Annette Bloch Cancer Survivor's Park.

TIME: 11:30 AM to 2:30 PM.

### YOU STILL HAVE TIME TO FILE FOR YOUR 2007 STIMULUS PAYMENT

Beginning in May, the Internal Revenue Service (IRS) will send economic stimulus payments to more than 130 million households across America. Don't let a little paperwork stand between you and your stimulus payment!

To receive this payment, you must have at least \$3,000 in income and file a 2007 federal tax return. The \$3,000 income can be from any combination of earned income, Social Security retirement or disability benefits, or certain veterans' or railroad retirement benefits. Supplemental Security Income (SSI) does not count as qualifying income.

You must also file a tax return. Even though the deadline for filing taxes (April 15) has passed, you still have until October 15, 2008 to file to establish your eligibility for the stimulus payment. Outlined below are guidelines for filing to receive your payment:

- If you already filed your taxes and you listed more than \$3,000 as income, you will automatically receive your payment. You do not need to do anything else.

- If you already filed but did not have at least \$3,000 qualifying income, you will need to file an amended return. The amended return should include benefits (i.e., Social Security retirement or disability benefits, or certain veterans' or railroad retirement benefits) you may not have listed on the first 2007 return you filed. You can use IRS Form 1040X to amend a tax return to qualify for the rebate.

- If you have not filed a federal tax return and your income is more than \$3,000, complete the IRS Form 1040A to establish your eligibility for the stimulus payment.

Eligible individuals will receive between \$300 and \$600; or between \$600 and \$1,200 for

those who file a joint return. Those eligible with children will receive an additional \$300 for each qualifying child. The amount of your payment depends on the information reported on your tax return.

An IRS booklet (see [www.irs.gov/pub/irs-utl/package\\_1040a-3.pdf](http://www.irs.gov/pub/irs-utl/package_1040a-3.pdf)) provides information specifically for Social Security, veterans, and other beneficiaries about how to file for the stimulus payment. You can also call the IRS hotline at (866) 234-2942 or the Volunteer Income Tax Assistance program at (800) 906-9887 for information and assistance.

Note: The IRS warns of email and telephone scams asking people to provide personal and financial information in order to process your payment. The scammers use this information to commit identity theft. For more information, see [www.irs.gov/newsroom/article/0,,id=178061,00.html](http://www.irs.gov/newsroom/article/0,,id=178061,00.html).

FORE!

Golf Anyone?

Save the Date: Thursday, Sept. 18th

Mark your calendars for the League's Fall Fundraiser.....

A Day of Golf at the Highlands Golf Course in Lincoln, Nebraska.

Details coming soon.

Lincoln Paint-A-Thon

210 O Street

Lincoln, NE 68508

Are you:

living in Lincoln?

at least 60 years old or have a permanent disability at any age?

living in a single-family home which you own or are buying?

needing to paint your house?

Do you:

have a monthly household income from all persons at or below 60% of median household income for Lancaster County?

(1 person=\$2315, 2 people=\$2645, etc.)

Generally the homeowners who live on social security are way below these figures.

If you can answer YES to these questions you may qualify to have your home painted for free through the Paint-A-Thon program. The mission is to paint the homes of low-income elderly and low-income people with permanent disabilities, and to restore pride in their homes and neighborhoods.

The Paint-A-Thon is in its 18th year and over 658 homes have been painted by Lincoln volunteers.

For more information contact Lincoln Action Program at (402) 471-4515.

Application due date is JUNE 6th, 2008.

Houses will be painted on August 9, 2008.

League of Human Dignity Employees Saying Goodbye...

Deb Zach - Scottsbluff, Medicaid Waiver Office Director

Trisha Hytrek - Norfolk, Secretary

League of Human Dignity Employees Saying Hello...

Elmer Kamerzel - Scottsbluff, Custodian

(pictured in the middle-left of the page is someone in an athletic wheelchair as seen from the back)

Of Local Interest... Adaptive Sports & Rec at Madonna

Madonna Adaptive Sports and Recreation program offers opportunities for individuals with activity limitations to participate in a new sport or get back into the one they enjoyed in the past.

The program provides open practice times on a monthly basis and workshops periodically. Instructions and adaptive equipment are available for each sport.

For more information on upcoming activities or to be on the sports and recreation mailing list, please contact Ian Thompson at (402) 486-8449 or [ithompson@madonna.org](mailto:ithompson@madonna.org).

LEAGUE OF HUMAN DIGNITY

RURAL HOUSING DEVELOPMENT CORPORATION has a one bedroom apartment with a roll-in shower available in York.

The units come with a Section 8 certificate, and rent is based on income. Eligible persons must qualify under income guidelines as established by

Contact Paula Shufeldt at 1 (888) 508-4758 voice/TDD [pshufeldt@leagueofhumandignity.com](mailto:pshufeldt@leagueofhumandignity.com)

Check out our classifieds on Page 15.....

YOUR \$5 CLASSIFIED AD WILL REACH over 8,000 READERS! LEAGUE OF HUMAN DIGNITY, attn: Michelle, 1701 P Street, Lincoln, NE 68508; 402-441-7871 (V/TDD) FAX: 402-441-7650 (\$5.00 for the first 25 words, 25 cents for each additional word)

(pictured in the upper left of the page is John Oakley)

KETV's John Oakley, the Emcee for this fun evening, carefully reads the numbers of the winning cash raffle ticket.

(pictured in the bottom left of the page is a woman opening an envelope for a silent auction)

"Did I get what I wanted??"

(pictured in the bottom right of the page is Carrie England standing at a podium speaking)

Southwest Iowa's Director Carrie England welcomes the crowd to the 2008 auction.

OMAHA & SOUTHWEST IOWA'S ANNUAL AUCTION HIGHLIGHTS

\*\* 8th Annual Auction took place on April 18th, 2008 at the Holiday Inn next to Ameristar in Council Bluffs, Iowa.

\*\* Money was raised to help the League's Centers in Omaha and Council Bluffs continue to be able to provide services to people with disabilities.

\*\* More than 115 people attended the auction.

\*\* Shayne Fili and her crew were on hand to auction off more than 130 items.

\*\* Eight corporate tables including AFSCME Local 2991, Aquila, Immanuel Lifeline, Intel Travel, Jenco Construction, Lozier Corporation, Southwest Iowa Labor Construction and Underwood Construction.

(pictured in the upper left of the page is a line of auction goers standing in front of a table)

Auction goers stand in line to purchase balloons on the balloon raffle.

(pictured in the upper right of the page is the team that put the auction together)

Here is the fabulous team that put together the 2008 Southwest Iowa-Omaha Auction. Back row, from left: Karen Goehring, Bob Gomez-Omaha Director, Donna Crum, Carrie England-Southwest Iowa Director, Jennifer Gutierrez-Southwest Iowa Secretary, Jason Velinsky. Front row: Kathy Hoell.

(pictured in the bottom left of the page is Jason Velinsky with three other people)

Auction Committee Member and League Friend Jason Velinsky does his part to raise funds by selling the ever-popular balloons on the balloon raffle. The balloons sell for just \$10 and always include a prize valued at atleast that so it is a win-win situation for the buyer. The balloons go fast and this year was no exception!

(pictured in the bottom right of the page is a crowd of people standing on the auction floor)

A crowd of auction goes join together to check out what each other bought. Fun Fun!

LEAGUE DONORS (3/20/08 TO 5/7/08)

WE APPRECIATE YOU!

Builder Level: Jerry Underwood, Steve Underwood

Supporter Level: AFSCME, Southwest Iowa Labor Council

Century Level: Aspen Holdings, Inc., Big John's Billiards

Believer Level: Tom Lovgren

Friend Level: Duncan's Cafe, Chasity Ronne

In Memory of Dean Kirby: Kirk Russell

THANKS!

## BARRIER REMOVAL PROGRAM

Barrier Removal Grants are available to qualified renters or homeowners who experience a mobility limitation (or have someone in their family who does). The program is offered in Lincoln/Lancaster County, Omaha and Council Bluffs, and is open to people who have low to moderate incomes (based on HUD income guidelines) and need funds to remove barriers in their homes.

A few modifications that may be considered eligible under the program include: outside ramps and lifts, grab bars, handrails, wider doorways, accessible tubs and showers, and reachable sinks and counters.

Applications for the grants are available at the Lincoln, Omaha, and Council Bluffs Centers for Independent Living.

LINCOLN

Center for Independent Living

1701 P Street

Lincoln, NE 68508

(402) 441-7871

OMAHA

Center for Independent Living

5513 Center Street

Omaha, NE 68106

(402) 595-1256

SOUTHWEST IOWA

Center for Independent Living

1520 Avenue M

Council Bluffs, IA 51501  
(712) 323-6863

## A CHRONOLOGY OF THE DISABILITY RIGHTS MOVEMENT

The League has been sharing the path of the Disability Rights Movement.

This issue focuses on 1993 and 1995.

1993 - The American Indian Disability Legislation Project is established to collect data on Native American disability rights laws and regulations.

Communication Unbound, by Douglas Biklen, is published, leading to a great increase in the use of Facilitated Communication. The method becomes controversial when it results in accusations of physical and sexual abuse by teachers, caretakers, and family members of people with communication disabilities.

The Glen Ridge case comes to trial in New Jersey, and three men are convicted of sexual assault and conspiracy, and a fourth of conspiracy, for raping a 17-year-old woman with mental disabilities. The case highlights the widespread sexual abuse of people with developmental disabilities.

Robert Williams becomes commissioner of the Administration on Developmental Disabilities, the first person with a developmental disability to hold that post.

The final federal appeals court ruling in *Holland v. Sacramento City Unified School District* affirms the right of children with disabilities to attend public school classes with non-disabled children. The ruling is a major victory in the ongoing effort to ensure enforcement of the Individuals with Disabilities Education Act.

1995 - Justice for All is founded in Washington, D.C.

*When Broke His Head... and Other Tale of Wonder* premieres on PBS. The film is, for many, a first-time introduction to the concept of disability rights and the disability rights movement.

The American Association of People with Disabilities is founded in Washington, D.C.

The U.S. Court of Appeals for the Third Circuit, in *Helen L. v. Snider*, rules that the continued publicly funded institutionalization of a Pennsylvania woman with disabilities in a nursing home, when not medically necessary, and where the state of Pennsylvania could offer her the option of home care, is a violation of her rights under the Americans with Disabilities Act of 1990. Disability rights advocates hail this ruling as a landmark decision regarding the rights of people in nursing homes to personal assistance services, allowing them to live at home.

Sandra Jensen, a member of People First, is denied a heart-lung transplant by the Stanford University School of Medicine because she has Down Syndrome. After pressure from disability rights activists, administrators there reverse their decision, and in January 1996, Jensen becomes the first person with Down Syndrome to receive a heart-lung transplant.

## SUPPORT GROUPS

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. (For corrections, additions or special announcements, contact Michelle in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402- 441-7871 (V/TDD); [mmartin@leagueofhumandignity.com](mailto:mmartin@leagueofhumandignity.com))

### ALS

Nebraska Office, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, (402) 991-8788,

1-866-762-6361; FAX: (402) 991-3691, Keith Worthington Chapter; 8340 Mission Rd., Ste B4, Prairie Village, Kansas 66206, (913) 648-2062.

#### ALZHEIMERS

For more info contact the Alzheimer's Association Chapter at (402) 502-4300 or (800) 272-3900.

Atlantic, IA, 3rd Thurs. of mo. 7:00 p.m., Home Care & Hospice Bldg, 1500 E. 10th St. Council Bluffs, last Tuesday of each mo., 6:30 pm at Bethany Lutheran Home, 7 Elliott St. Fremont, NE 3rd Thurs. of mo., 6:30 p.m. Pathfinder House, 3010 N. Clarkson St.

Alzheimers Association of Lincoln/Great Plains Chapter, regular meeting is the 1st Monday of each mo. at 7 pm, Karen (402) 420-2540.

Missouri Valley, IA last Tuesday of each mo. at 3 pm, Longview Home, 1010 Longview Rd. Omaha, NE, various locations including Brighton Gardens, New Cassel, St. Joseph Villa, Thomas Fitzgerald Veteran's Home, Bickford Cottage, and St. Paul's Lutheran Church in Millard. Please call (402) 502-4300 for more specific information and times.

Osceola, 3rd Monday of each mo. at 7 pm, Osceola Good Sam., call Carmen at (402) 747-2691. Sidney, IA, 4th Monday each mo. at 7pm, First Community Bank.

Scottsbluff 1st Thursday of each mo., Beverly Healthcare, 111 W. 36 St, Stacy Rotherham (308) 635-2019.

Shelby Co. in Harlan, 2nd Tues. each mo., 2:30 pm at Harlan Senior Center, 706 Victoria St. AMPUTEE

United Support for Amputees, Omaha Emmanuel Hospital Rehabilitation Center, 3rd Tuesday of each mo., Maxine, (712) 644-2955, after 7 pm.

Beyond Limbloss, Lincoln, Kenny, (402) 466-0268, cell (402) 540-0748.

#### ARTHRITIS

Arthritis Foundation, Nebraska Chapter (402) 330-6130 (within Omaha) and 800-642-5292 (outside Omaha) FAX: (402) 330-6167 The web site remains the same ([www.arthritis.org](http://www.arthritis.org)).

Arthritis Foundation Iowa Chapter, Des Moines, meets monthly, (515) 278-0636; FAX: (515) 278-2636; [Info.ia@arthritis.org](mailto:Info.ia@arthritis.org); [www.arthritis.org](http://www.arthritis.org).

#### ATHLETICS

Cornhusker Wheelchair Athletics Ass'n Lincoln, Ian (402) 486-8449, [www.cwaane.org](http://www.cwaane.org).

Eastern Nebraska Wheelchair Athletic Association, Omaha, Greg (402) 289-3521.

Junior Wheelchair Basketball Team, Omaha, Mike (402) 554-2539; Rita (402) 551-4598.

#### AUTISM

Autism Society of Nebraska, Jean McDermott (402) 431-0166.

Families for Early Autism Treatment (FEAT) of Nebraska, Mark Hirschfeld (402) 955-1780.

Unlocking Autism, Connie Shockley (402) 933-2565.

#### BLIND/VISUALLY IMPAIRED

C-Big (Council Bluffs Blind Information Group) Chuck Dietz (712) 323-4817.

Nebraska Commission for the Blind & Visually Impaired, 877-809-2419. Serving Lincoln, Omaha, Kearney, North Platte, Norfolk and Scottsbluff.

United Blind of Omaha, Gary (402) 455-4116, Sherry (402) 556-4156.

Support Groups for the Visually Impaired Albion,Center, Columbus, Norfolk, Tekamah, Westpoint, John/Glen (402) 370-3436.

Support Groups for the Visually Impaired in Iowa, Iowa Department for the Blind 1-800-362-2587.

VIPS Support Groups for visually impaired; over 1000 members throughout Nebraska; to find

your group, contact: President Howard Simons, Islanders Group, 324 W 13 St, Grand Island, NE 68801; (308) 381-8003.

#### BRAIN INJURY

Council Bluffs, REM Iowa Community Services, (712) 323-5459. Who

#### CANCER

American Cancer Society, Heartland Division (Omaha Office) (402) 393-5800;  
1-800-642-8116.

Lincoln, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.

Lincoln; Corporate Building, 7441 O St., Suite 301. "Breast Cancer Support Group" and "Look Good Feel Good" meetings will be held on 1st or 2nd Wednesday of the mo. Call Mary at (402) 486-7258.

Montgomery Co. in Red Oak, Breast Cancer group, meet monthly at Montgomery County Memorial Hospital, 4th Monday of mo at 6:30 pm, call Carla at (712) 623-7215.

Shelby Co. in Harlan, at Myrtue Memorial Hospital, 4th Monday of the month at 6:30 pm, call Cheryl at (712) 755-5161.

#### CHRONIC PAIN

Lincoln Chapter, American Chronic Pain Association, 1st & 3rd Tues each month, 7-8:30 pm, 1st Step Recovery & Wellness Center, 2231 Winthrop Rd. Call Chapter President Terrance Dukes (402) 423-9405.

#### DEAF

Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) 4600 Valley Rd, Ste 420; (402) 471-3593 or 1-800-545-6244.

Communication Service for Deaf of Iowa, employment services (712) 322-1489.

#### DEPRESSION

Manic Depressive and Depressive Association, Lincoln, (402) 483-8886.

Greater Omaha Depression & Manic Depression Association, Omaha, Kate (402) 551-3275.

Depression/Bipolar Support Alliance-Lincoln, 1st Tues each mo., 7 p.m., call (402) 481-5320.

#### DEVELOPMENTAL DISABILITIES

The ARC of Lincoln/Lancaster County; 1101 Arapahoe, Suite 5, (402) 421-8866;  
[www.lincolnne.com/nonprofit/arc](http://www.lincolnne.com/nonprofit/arc).

The ARC of Omaha; 1941 S. 42nd St. (402) 346-5220, [www.olliewebbinc.org](http://www.olliewebbinc.org). ( Ind & family support services.)

Easter Seal, call 800-650-9880, [www.ne.easterseals.com](http://www.ne.easterseals.com).

Mosaic: at Bethpage Village, 1044 23rd Rd, PO Box 67, Axtell, NE 68924, (308) 743-2401, [Mosaic\\_Axtell@mosaicinfo.org](mailto:Mosaic_Axtell@mosaicinfo.org); 722 S. 12th; Box 607; Beatrice, NE 68310; (402) 223-4066.

#### DIABETES

American Diabetes Assoc. 1-800-342-2383.

Cass Co, 2nd Wednesday every other mo. at 6:30 pm, call Marcia at (712) 243-3250.

Lincoln Diabetes Center: (402) 481-3055.

Page Co., 4th Monday at 6:30 pm, call Elaine at (712) 542-2176.

Pottawattamie Co., 3rd Tues. at 5:30 pm, call Cheryl (712) 755-4316.

Shelby Co., 3rd Monday at 1:30 pm, March - Nov, call Jan at (712) 755-4316.

#### DOWN SYNDROME

Omaha Nat'l Down Syndrome Society (NDSS); Contact (402) 553-5335 or [nebuddywalk@cox.net](mailto:nebuddywalk@cox.net).

Lincoln, NE Parent and family group; meetings, holiday events, Buddy Walk, parent packets,

Call: Deb Safarik (402) 466-7641.

Lincoln Early Devel. Services Coordination (402) 441-6710.

National Down Syndrome Society 666 Broadway, New York, NY 10012, 1-800-221-4602, info@ndss.org.

Council Bluffs Down Syndrome Parent Group, Kyla Alba at (712) 366-0503 x257 or (712) 322-9391.

#### DYSLEXIA

Nebraska Branch International Dyslexia Association, "Smart Kids: School Problems" Grand Island, Brenda (308) 381-8943.

#### EPILEPSY

Epilepsy Association of Nebraska, Omaha (402) 553-6567.

Epilepsy Support Group, meets third Tuesday each mo. in Omaha, Wittson Hall on the UNMC campus, Room 3010.

#### FIBROMYALGIA

Omaha, Arthritis Foundation (402) 572-3040.

Gordon area, meets various places.

Humbolt, IA area, call Judy at (515) 332-3376 (9 am-9 pm); bjmerris@goldfieldaccess.net.

Mercy Medical Center, New Hampton, IA area, meets monthly, call Judy (641) 394-3106 ext 189.

Page Co., no classes since spring 2007.

Shenandoah, IA area, meets four times a year or when requested, call Della (712) 246-3244; delsta@netins.net.

#### FMS-CF SYNDROME

www.wicfs-me.org.

#### GRIEF RESOLUTION

With Horizon Hospice, Monday evenings, (402) 474-3600. Lincoln.

#### HARD OF HEARING

S.H.H.H.- Lincoln, 7 p.m. New Covenant Church, 3rd Tuesday of each mo., (402) 471-3593.

#### HEAD IN JURY

Lincoln, Nita Sipple, 2nd Tuesday at 7 pm, First United Methodist Church (402) 890-4521.

Head Injury Survivors Group, 3rd Wednesday at 6:30 pm at Goodwill Industries, Lincoln (402) 231-1933.

Norfolk, 1st Monday, Faith Regional Health Services.

#### HYDRANENCEPHALY

Omaha Local contact: Lynne (402)485-2229 or rtrease@nntc.net; Internet support also available.

#### LEARNING DISABILITIES

Learning Disabilities Association of Nebraska, Sharon, Omaha (402) 571-7771.

#### LEUKEMIA & LYMPHOMA

Lincoln Family Support Group for adult patients and family members with Leukemia, Lymphoma, Hodgkin's Disease, Myeloma or Myelodysplastic Syndromes. Call The L & L Society, (402) 344-2242 in Omaha, (402) 438-2242 in Lincoln. Omaha-area group meets 2nd Tuesday of the month and Lincoln-area group meets 2nd Monday of the month. Call for more info.

Lincoln Telephone Support Group for adult Myeloma, Lymphoma and Leukemia patients and

family members; Mondays 10-11am; talk with support group from home; free service of The Leukemia & Lymphoma Society Call Tonya: (402) 344-2242 or 1-888-847-4974.

#### MDA

General Group, 3rd Tues of each mo. 7-8:30 p.m.; Parents Group, every other mo. on 3rd Sat. 2-4 p.m., both groups alternate between Lincoln and Omaha; Lincoln meets at Sheridan Lutheran & Omaha meets at Stonebridge Church. Please call Megan Burns at (402) 390-2914.

#### MEDICAL EQUIPMENT LOAN

Omaha, Presbyterian outreach Inc. HELP Program, call Jeremy Waymire at (402) 341-6559 x 101.

#### MENTAL ILLNESS

Page Co Serious & Persistent Mental Illness, 3rd Wed. at 1:30 p.m., call Jennifer (712) 542-2388.

Nebraska Family Support Network an advocacy organization for families, supporting Cass, Dodge, Douglas, Sarpy & Washington counties. 3568 Dodge St, Omaha, NE 68131, (402) 345-0791.

National Alliance for the Mentally Ill(NAMI)<http://www.nami.org/sites/ne>. Dan Jackson at NAMI Nebraska, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: 1-877-463-6264;

Mental Health Association of Nebraska 1-800-422-6691 or [www.MHA-NE.org](http://www.MHA-NE.org).

Council Bluffs, NAMI meets 1st Thurs of mo., call Laura at (712) 242-0050.

Grand Island 877-463-6264; or Carole Denton (308) 382-8604; [jdenton@navix.net](mailto:jdenton@navix.net).

Hastings NAMI Hastings, Kevin Ehly (402) 462-8657;

Juniata/Hastings NAMI - FORSE, Cindy Scott (402) 751-2226, [hs35558@navix.net](mailto:hs35558@navix.net); Hastings

NAMI CARE (Consumers Advocating Recovery Through Empowerment) Linda Shaw (402) 463-6354.

Kearney NAMI Central Nebraska, Linda Jensen (308) 865-8729 or Cindy Mayer (308) 234-3212.

Lincoln NAMI, Susan Krome (402) 484-8653;Tami Walden (402) 471-4515; Mental Health Lincoln, Tuesdays 3-4 pm Bennet Martin Library.

McCook NAMI of SW Nebraska, Sandy Graves (308) 345-3013.

Norfolk/Hartington NAMI Northeast Nebraska, Tom Barr (402) 371-7175.

North Platte NAMI Platte Valley, Margaret Baker (308) 535-7434.

Oakland NAMI Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.

Scottsbluff NAMI Western Nebraska, Shirley McLaughlin (308) 635-2239, [shirley@prairie.web.com](mailto:shirley@prairie.web.com).

Sutherland NAMI Trails West Nebraska, Margaret Baker (308) 284-4078, [bakerm@gpcom.net](mailto:bakerm@gpcom.net).

#### Multiple Chemical Sensitivity

MCS Information Exchange, 3 Larrabee Farm Road, Brunswick, ME, 04011.

[www.conceptmed.com](http://www.conceptmed.com).

#### MULTIPLE SCLEROSIS

Omaha, (402) 572-3190 or 1-800-755-3959.

Lincoln, Nat'l MS Society, 2nd Tues. of each month, 7 pm, 1st Lutheran Church (70th), call Karen Lind-Olson (402) 486-1885 or Leatha Johnson (402) 826-4113.

Lincoln, MSA, meets 1st Sat. each mo. at Bryan LGH East-Classroom 2, 10 to Noon, call Kathy at (402) 438-3284.

Norfolk, (402) 648-7906.

Council Bluffs, meets 3rd Thursday every month, 7 pm, Jerry Ebsen (712) 366-9569.

## MYOSITIS

Lincoln, call Mac Warren (402) 438-5183.

Online, [www.myositis.org](http://www.myositis.org).

Support Group, Bennington, call Laura at (402) 238-3261.

## PARENT SUPPORT GROUP

Parent Training and Information (PTI) for Families of Children with Disabilities 3135 N 93 St, Omaha, phone & fax:(402) [346-0525](tel:346-0525);[1-800-284-8520](tel:1-800-284-8520);[kheinen@pti-nebraska.org](mailto:kheinen@pti-nebraska.org).

## PARKINSON

Lincoln meets 4th Sunday each mo. (no Dec.); 2 p.m.; Madonna Rehabilitation Hospital, 5401 South St (52nd St entrance); Contact: Delene (402) 486-4810 or David (402) 217-3833.

Fremont (402) 478-4853.

Panhandle Area meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm; Contact: Maurice Wheeler (308) 623-2508.

Clarinda, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161.

## PERIPHERAL NEUROPATHY

Lincoln, meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402) 483-4908.

## POLIO

Nebr Polio Survivors Assoc., Omaha (402) 341-0710.

Lincoln/Lancaster County, Vera (402) 467-5650.

## RESPIRATORY

Better Breathers, 4th Monday at 4 pm, call Sharon at (712) 328-5479.

The American Lung Association of Nebraska offers programs & services & education. Call 1-800-586-4872.

## RESPIRE

Omaha, Senior Companions at Presbyterian Outreach Inc., call Pam Jones at (402) 341-6559 x 102.

## SCHIZOPHRENICS ANONYMOUS

Lincoln Group meets Fridays 7-9pm; First Plymouth, 20th & D Sts.

## SCLERODERMA

Lincoln meets at Roper & Son Resource Ctr, 4400 S 70 St; Leader: Terry Christensen (308) 384-4017; [terry058@webtv.net](mailto:terry058@webtv.net).

Omaha meets 2nd Tues. every other month, 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Leader: Barb Heenan (402) 291-7670; [omahassg@aol.com](mailto:omahassg@aol.com).

Grand Island meets at St. Francis Hospital, 2620 Faidley Ave, Conf. Rm 3A; Support Leader:Terry Christensen (308) 384-4017; [terry058@webtv.net](mailto:terry058@webtv.net).

## SPINA BIFIDA

Spina Bifida Ass'n of the Star City, Lincoln, Jerry (402) 434-3000.

Omaha, meets 1st Wed. each month 7 pm, Quality Living East Campus, Cabana Room; Call Jolene (402) 894-2070.

## SPINAL CORD INJURY/DISEASE

ENWISCIA: Brian Richardson, (402) 573-6904 for information or e-mail at [ENWISCIA@cox.net](mailto:ENWISCIA@cox.net).

Spinal Cord Injury Peers (SCIP) meets monthly; Regional West Medical Ctr, Scottsbluff. Call (308)635-7901; or (308) 630-1070.

Central NE Group, Hastings. Call Darla (402) 461-5124.

## STROKE

4th Thurs./mo. @ 1pm @ Madonna, 5401 South St., Lincoln, (402) 483-9590. Also, "Come Back Club", Lincoln 1-888-808-5678.

Cass Co., 3rd Wednesday at 3 pm at 1501 E 10th St, Atlantic, IA. Rita, (712) 243-7480.

## TOURETTE SYNDROME

Lincoln, Neb Assoc. for Tourette Synd, (402) 467-9077.

## CLASSIFIEDS

FOR SALE: Pronto electric wheelchair, \$2,000. Manual wheelchair, \$75. Both were only used several times due to unexpected deaths. Please call Carol at (402) 670-9769. (Mead)

FOR SALE: Golden Technologies power chair, PR501 SDTN, beige, looks like new, excellent shape, used one year. Paid \$900, asking \$500. Please call Robert at (402) 488-2163. (Lincoln)

FOR SALE: Two extra large chair lifts for split-foyer entry, extends to 7 1/2 feet, excellent condition. Paid \$3,262 each and will sell for \$2,000 each. Please call Jenny at (402) 489-1284. (Lincoln)

FOR SALE: 1998 Ford Windstar accessible van with 36K miles, in excellent shape, includes wheelchair. Van has cruise control, new battery. Asking \$16,950. Please call Jenny at (402) 489-1284. (Lincoln)

FOR SALE: Electric door opener (black). Horton series 7100 w/c 4160-2. Great condition, new parts. Asking \$500. Please call Robert at (402) 261-4987. (Lincoln)

FOR SALE: Pronto electric wheelchair with tilt mechanism and power seating, used just four months. Paid \$8,000, will sell for \$4,000. Please call Cynthia at (402) 362-2453 or (402) 366-7439. (York)

(pictured in the upper left of the page are two people, one in a wheelchair, using a National Wheel O Vator Vertical Platform Lift)

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