

LEAGUE OF HUMAN DIGNITY
ON THE LEVEL

FEBRUARY 2006/MARCH 2006
(DESCRIPTIVE TEXT VERSION)

WWW.LEAGUEOFHUMANDIGNITY.COM & WWW.MOBILITY-OPTIONS.COM

(The League of Human Dignity logo features the capital letter “H” (royal blue) with a larger size capital “D” (white) behind it. A thick white arrow pointing upward forms the center of the “H.” The words “League of Human Dignity” (black) appear to the left of the symbol.)

ON THE LEVEL is the bimonthly newsletter of the League of Human Dignity, Inc.

The League of Human Dignity is a consumer based nonprofit organization, whose purpose is to promote the full integration of persons with disabilities into society. To this end, we will advocate their needs and rights, while providing quality service to assist them in becoming and remaining independent citizens.

Established in 1971, the League now serves consumers in 62 counties throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle Medicaid Waiver Office in Scottsbluff; and our Mobility Options shop in Lincoln.

ON THE LEVEL is available in Braille and on audio cassette. To request these formats, contact the Public Information Office in Lincoln, or the League of Human Dignity in your area. For information on display advertising, please contact Public Information. Classified ads are also available.

To provide support group listings, news releases, or other information contact: Editor, ON THE LEVEL, League of Human Dignity, 1701 P Street, Lincoln, NE 68508; (402) 441-7871 Voice/TDD; FAX: (402) 441-7650; or info@leagueofhumandignity.com.

ON THE LEVEL STAFF

Mike Schafer, CEO and Michelle Martin, Editor

LEAGUE OF HUMAN DIGNITY
WHERE TO FIND US...

LINCOLN
1701 P Street
Lincoln, NE 68508
(402) 441-7871

NORFOLK
400 Elm Avenue
Norfolk, NE 68701
(402) 371-4475

OMAHA
5513 Center Street
Omaha, NE 68106

(402) 595-1256

SOUTHWEST IOWA
1520 Avenue M
Council Bluffs, IA 51501
(712) 323-6863

PANHANDLE
Medicaid Waiver Office
17 E 21 ST #2
Scottsbluff, NE 69361
(308) 632-0470

WHAT WILL THE NEW YEAR BRING? LEGISLATION

January is the start of a new year and a new legislative session in both Iowa and Nebraska. And as in every year, there are several key issues that we at the League of Human Dignity are keeping tabs on.

This session for the Nebraska legislature is short, starting January 4th and lasting until April 12th. Several of the bills being talked about and voted on are carryover bills from 2005.

Of course one of the most important issues every year in every state is Medicaid Reform. LB 1248 - Adopt the Medical Assistance Act will be a major focus for this next session in Nebraska. This bill seems to be the “biggie” of the group and has the potential to be the most life altering for people with disabilities.

Other important legislation being considered include LB 946 - Recognizing Sign Language as a distinct language and authorize schools to offer it as a foreign language; LB 951 - Provide for public assistance for persons with psychiatric or developmental disability; LB 1069 - Change regulated motor carrier provisions relating to transportation of certain persons; LB 1145 - Appropriate funds to the Dept. of Health and Human Services for community-based services; LB 1155 - Change provisions relating to adoption of state wards with special needs; LB 1171 - Change homestead tax exemption qualifications; LB 1201 - Provide a homestead exemption for blind persons; LB 1220 - Adopt the Rural Behavioral Health Training and Placement Program Act; LB 1232 - Provide for a study of behavioral health insurance parity legislation; LB 1233 - Require a comprehensive implementation strategy for traumatic brain injury services; and several from last year (LB 623 and LB 625).

Please be aware of the legislation that is being proposed around you and be an active advocate for yourself.

MANY DISABILITY GROUPS OPPOSE ALITO

In early January, confirmation hearings started for Samuel Alito (who President Bush picked to succeed Sandra Day O'Connor on the United States Supreme Court.) Ragged Edge Online reported that the ADAWatch /National Coalition for Disability Rights website lists national disability rights opposition and offers background information on Alito's anti-disability rights record.

Many groups, including Liberty Resources Independent Living Center in Philadelphia, spoke out in opposition to Alito.

“As a Supreme Court Justice, Alito would pose a grave threat to the ability of individuals

with disabilities to enforce their rights under the Americans with Disabilities Act, Section 504 of the Rehabilitation Act, fair housing laws and the Olmstead precedent,” says NCIL in a recent alert to its members.

Two dozen national and local disability rights groups came out early in opposition to Alito. In late November the National Council on Independent Living sent a letter to Congress outlining their opposition.

Perhaps between when this issue goes to press and when it arrives on your doorstep, Alito will be confirmed. Stay tuned to this important issue.

MESSAGE FROM THE CEO

In early January, the legislatures from Iowa and Nebraska both started session. This is where it all begins each year. It starts with the hope of new legislation. The hope of keeping funding for Medicaid and other vital programs that serve people with disabilities. The hope that the bills that are passed in these sessions are positive and promote independent living.

There is much work to be done. Medicaid is facing giant cuts that could run very deep for people with disabilities and their families. What we hope to see is a move away from the “Medical Model”, and steps toward the “Independent Living Model.” But in order to promote this, people with disabilities need more access to home and community-based services and supports, not just nursing home care.

That is why federal legislation like MiCASSA and Money Follows the Person are so vital. These pieces of legislation can help rebalance the services in the Medicaid Program.

As it stands right now, Medicaid is institutionally biased. States are forced to cover the full cost of nursing facility services (institutions), making nursing homes the entitlement of Medicaid recipients. Home and community based services and supports, unlike nursing facilities, are covered optionally. We see the difference, and it is a vast and disconcerting difference. Necessary changes at the state and federal level must be made and made soon in order to allow people with disabilities to live independently.

We at the League of Human Dignity have always felt people need to be in charge of their own lives and their own services. We will continue our work so that people with disabilities will continue to have choices and control. Stay tuned to see what the legislature accomplishes in 2006.

Mike Schafer
Chief Executive Officer
League Of Human Dignity

STARBUCKS IN REACHING OUT TO PEOPLE WITH DISABILITIES

If Starbucks has its way, its future work force will look more like Michelle Penman.

Thirty-six-year-old Ms. Penman, who has cerebral palsy, spends three hours getting ready for work every morning. Because she has trouble speaking and limited mobility, customers must write down their orders and place them on her wheelchair. She returns with their coffee and food on a tray or in a backpack affixed to her motorized wheelchair.

The Seattle-based coffee giant has already turned Ms. Penman into something of a company icon. The Starbucks CEO mentions her in his speeches as an example of the devotion of the company’s work force, and says he keeps her picture in his office. Now, Starbucks Corp. wants to make Ms. Penman a literal model employee. As the company expands its outlets, it is trying to tap into the growing pool of job seekers with disabilities. The goal: to make its stores more

inviting to customers with disabilities, as well as their caretakers, family members and friends. "This is a group that most businesses have not addressed," says May Snowden, Starbucks' vice president, global diversity. "As I look at changes in demographics, it is one of the groups that are very important."

Indeed, people with disabilities have discretionary spending power of \$220 billion annually, according to the American Association of People With Disabilities. Of the 70 million families in the U.S., more than 20 million have at least one member with a disability, according to the association.

The Starbucks effort, which is still in its early stages, is proceeding on a couple of fronts. The company recently hired Marthalee Galeota, who worked with Seattle-area nonprofits on disability matters, as senior diversity specialist in charge of disability issues. The job goes beyond making sure Starbucks complies with the Americans With Disabilities Act, the law that mandates equal access to jobs and services for the disabled. Ms. Galeota focuses on establishing a company-wide etiquette for a range of issues.

For instance, she has changed the labels on tables designated for wheelchair users to read, "For a customer with a disability," instead of "Disabled customers." The company also has designed its counters at a height that is easily reached by customers in wheelchairs, and the majority of its roughly 10,000 stores around the world have at least one handicapped-accessible entrance.

In terms of recruiting, the company has joined the National Business Disability Council, which provides a national database of résumés of people with disabilities. "We have to make sure we are sourcing at every source that is available," Ms. Snowden says. On average, the company hires 200 to 300 people overall every day.

Exactly how much progress Starbucks is making in hiring people with disabilities is difficult to measure. The company doesn't keep statistics on how many employees with disabilities it hires, because employees are not required to record that information on an application.

The Starbucks effort comes as a number of other large employers are reaching out to workers with disabilities. International Business Machines Corp. offers internships for students with disabilities and runs sessions for managers to meet potential hires with disabilities. It also has put together a video for hiring managers that addresses questions they might be afraid to ask, such as how much it will cost to accommodate these employees and how they can ensure that these employees will be able to do their jobs properly.

"People talk about Starbucks in such a positive way, they say, 'That's where Michelle works,' " Renee Penman says. She says she knows her daughter is giving the company a wealth of positive press, but she doesn't mind. "If they want to be selfish and do it for them, that is OK. The person with the disability is winning, too."

Originally printed in Blind World Magazine

IOWA YOUTH LEADERSHIP FORUM NOW ACCEPTING APPLICATIONS

DES MOINES- The Division of Persons with Disabilities, in partnership with the Department of Education/Iowa Vocational Rehabilitation Services and the Department for the Blind, is currently accepting applications for the Iowa High School Youth Leadership Forum for Students with Disabilities.

This successful forum, which takes place in Ames on the ISU campus from July 16th through July 21st, is a unique summer program designed to teach leadership and self-advocacy skills to high school students with disabilities. Each year, students attending the forum say that it has a tremendously positive impact upon their lives.

Says Tonya Randall, Specialist, US Army, from Ames, “It gave me the courage to stand up for myself”.

Jule Reynolds, mother of Adam Reynolds, said, “I think YLF is a wonderful program not only for the students but also for the parents. Adam began making decisions for himself for the first time and hasn’t stopped since.”

The forum is designed to reinforce and teach skills towards transition from high school to work and/or college. Iowa High School juniors and seniors with any type of disability who are interested in preparing for post secondary education and employment are urged to apply. Applications are online at www.state.ia.us/dhr/pd or contact the Division of Persons with Disabilities at 888/219-0471.

For more information ask your high school counselor, AEA representative, or contact the Division of Persons with Disabilities at 888-219-0471 or dhr.disabilities@iowa.gov.

HAVE YOU CHECKED OUT THE RINGER?

The National Down Syndrome Society is proud to join the Special Olympics in support of “The Ringer”, a Farrelly brothers film that uses humor to challenge destructive stereotypes of people with intellectual disabilities. The film opened at theaters nationwide on December 23, 2005.

“The Ringer” tells the story of Steve Barker, a young man who pretends to have an intellectual disability so he can compete in and “fix” a Special Olympics event. However, Barker’s attitude changes as he develops friendships with several of the Special Olympics athletes. He learns, as will moviegoers, that people with intellectual disabilities are more like the rest of us than they are different. The athletes in the film listen to music, play video games, watch the latest movies, and work together toward athletic excellence – all while having fun.

Instead of tugging at the heartstrings, “The Ringer” uses the typical outrageous Farrelly Brothers humor (There’s Something about Mary, Shallow Hal) to promote the message that just like everyone else, individuals with intellectual disabilities are people first, each with their own interests, talents, abilities and personalities. The movie also features more than 150 people with intellectual disabilities in small parts and supporting roles.

Read a review of The Ringer by Gail Williamson, executive director of the Down Syndrome Association of Los Angeles: <http://www.dsala.org>.

GRANTS NOW AVAILABLE

Barrier Removal Grants are now available to qualified renters or homeowners who experience a mobility limitation (or have someone in their family who does). The program is offered in Lincoln/Lancaster County, Omaha and Council Bluffs, and is open to people who have low to moderate incomes and need funds to remove or modify barriers in their homes.

A few modifications that may be considered eligible under the program include: outside ramps and lifts, grab bars, handrails, wider doorways, accessible tubs and showers, and reachable sinks and counters.

Applications for the grants are available at the Lincoln, Omaha, and Council Bluffs Centers for Independent Living.

LINCOLN

Center for Independent Living

1701 P Street

Lincoln, NE 68508

(402) 441-7871
SOUTHWEST IOWA
Center for Independent Living
1520 Avenue M
Council Bluffs, IA 51501
(712) 323-6863
OMAHA
Center for Independent Living
5513 Center Street
Omaha, NE 68106
(402) 595-1256

THANK YOU FOR YOUR DONATIONS!
NOVEMBER 16, 2005 – JANUARY 5, 2006
IN MEMORY OF MARGARET THORSON
SHARON THORSON

BUILDER (\$500 and above)

Joyce Holtmeier, Bruce Hansen,
Wal-Mart

SUPPORTER (\$250 - \$499)

Dillon Chevrolet-Buick-Pontiac, Inc.,
Jim Carrier, Scheels All Sport
CENTURY (\$100 - 249)

Tim Keelan, Charlotte Holm,
Jeff Patterson, Edith Solomon,
Eleanor Sack, Caretech, Inc.,
Monica Balters, Weathercraft Co.,
Richard Noel,

Hanna Keelan & Associates,
Becky Hanna, Robert Harris

BELIEVER (\$50 - \$99)

Kent Mattson, Francis Haskins,
Stephen Smith, Debbie Kee,
Mary Anne Meier, Wal-Mart, Wayne Westfall, Frank Velinsky, Jason Velinsky,
Shirley Nissen, Keith Snyder,
Crossroads Massage Clinic

IN MEMORY OF EMMA KLIMA

PAT BURFORD

FRIEND (\$25 - \$49)

Jerry McInnis, Tom Lovgren,
Douglas Martin, Maurice D. Radcliff,
William Markhofer, Dan Zach,
Mary B Evans, Edward Schulenberg,
A-1 Refrigeration Inc., Eileen K Dendinger,
Edward Porn, Nye Bond,
Rosalind Morris, Roy Statton,

John Oakes, Bob Kraft,
Deana Gustafson, Gertrude Wenzl,
Judith Pittack, Jim Williams,
Marianne Mack, Charles Shapiro,
Sun Valley Lanes, Grant Hrabovsky,
Irene LeBaron, Deborah S Nienkamp,
C.G. Pritchard

OTHER

Bob James, Donald Weber,
Jack Pickel, H. Gordon Birky,
Johnna Otto

STARS & STRIDES 2006

Mark your calendars and make plans to join us for our 6th Annual Fundraising Auction at Ameristar Casino, April 21st, 2006; Omaha Center for Independent Living; Southwest Iowa Center for Independent Living

DEPARTMENT OF JUSTICE UPDATES

WASHINGTON, D.C. - The Justice Department announced a settlement agreement with the City of Royal Oak, Michigan, resolving a lawsuit that alleged zoning discrimination under the Americans with Disabilities Act.

The Justice Department's complaint was filed in September 2005 in an ongoing lawsuit brought by Easter Seals-Michigan, Inc. The complaint alleged that Royal Oak engaged in discriminatory zoning practices by denying Easter Seals a land use permit for the operation of a day program, the "Clubhouse," for adults with psychiatric disabilities. The Clubhouse provides support, vocational and employment training, and social skill building and has operated in a neighboring community for over 15 years. The city denied the permit after vocal opposition from community members, many of whom expressed unfounded fears about individuals with psychiatric disabilities walking in the neighborhood and the possibility of an effect on property values.

Under the terms of the consent judgment, which has been approved by Judge Marianne Battani of the U.S. District Court for the Eastern District of Michigan, the Clubhouse will be permitted to open at the contested location, the city will pay monetary damages to the private plaintiffs, and city personnel will receive training on their obligations under the ADA. The city will also report to the Justice Department on land use requests involving individuals with disabilities that the city denies or grants with conditions.

"This case goes to the heart of the ADA's promises and protections - to protect individuals with disabilities from being segregated from the community or hidden away because of unreasonable fears of their disabilities," said Wan J. Kim, Assistant Attorney General for the Civil Rights Division. "This settlement is a positive result for all members of the Royal Oak community."

"We are pleased that with this consent judgment, Easter Seals may continue its important work in assisting some of our most vulnerable citizens in this district to overcome the challenges they face day-to-day because of their mental illness," said Stephen J. Murphy, U.S. Attorney for the Eastern District of Michigan.

The Americans with Disabilities Act protects individuals with disabilities from discrimination

in all activities of state and local government entities, including zoning and land use decisions. Additional information about the Civil Rights Division of the Department of Justice is available at www.usdoj.gov/crt.

WASHINGTON, D.C. - The Justice Department announced that it has reached a settlement agreement with Sunoco, Inc., that will ensure access for people with disabilities to its Optima gas stations and convenience stores. Sunoco currently operates approximately 28 Optima stations - under the brand names "Optima Fuel Center" and "Optima Quick Mart" (the Optima stores) - on Wal-Mart property in New York, Pennsylvania, West Virginia, New Hampshire, Maine, and Massachusetts.

"Stopping at a convenience store and buying gas are everyday errands that must be accessible to all Americans. The Justice Department is committed to promoting increased access to these activities for people with disabilities," said Wan J. Kim, Assistant Attorney General for the Civil Rights Division. "I commend Sunoco for working with us to open up more opportunities for people with disabilities to fully participate in community life."

The agreement resolves a compliance review that began when the Department examined selected prototype plans and found violations of the Americans with Disabilities Act's (ADA) accessibility standards for design and construction. Without admitting liability, Sunoco has agreed voluntarily to make modifications to its facilities, as needed-including parking, gasoline pumps, curb ramps, convenience store entrances, and access to items for sale within the convenience stores-to bring them into compliance with the standards.

Specifically, during the three year agreement, Sunoco will provide the required number of accessible parking spaces near an accessible entrance; designate one island and fuel dispenser to meet ADA requirements, and offer refueling assistance at any pump upon request; provide accessible, convenient store entrances and exterior transaction drawers; and make convenience store public restrooms accessible. Sunoco also agreed to build future stores in compliance with the standards.

Title III of the ADA requires, among other things, that newly constructed and altered places of public accommodation-including most private businesses-meet the Department of Justice's accessibility standards.

Through the President's New Freedom Initiative-a comprehensive program to promote the full participation of people with disabilities in all areas of society-the Civil Rights Division is committed to providing greater access for Americans with disabilities.

WANT TO BE A BETTER ADVOCATE FOR YOURSELF?

There are many ways you can advocate for yourself, and not all mean calling your legislator. Here are some ideas to help you get started. These are useful ideas that can work wherever you call home.

Hate Speaking, but You're a Darn Good Writer? Think about writing a letter to the editor to your local newspaper expressing your opinion on something. These are very short, usually less than 200 words. Every legislator subscribes to the newspapers in his/her district, so they will see and read you letter, and it may motivate them to do something about your issue. If more than one person writes a letter to the editor on the subject, your legislator will most definitely take notice! Look on the InfoNet website for tips on writing a letter to the editor (http://www.infonetiowa.com/advocate/advocacy_toolkit.php).

Ask your State Representative and your State Senator to add you to their mailing or e-mail list.

They will let you know what they are up to on a weekly or monthly basis, and let you know when they are having local legislative forums in your area. This is probably the single best way to keep tabs on your legislator. If you do not have access to a phone or email, have someone call your legislator for you and give them your address. In Iowa you can contact: 515-281-3221 (House) and 515-281-3371 (Senate). In Nebraska you can check out www.unicam.state.ne.us for more information.

Attend a local forum. You don't have to speak – just sign in and shake your legislators hands. You can introduce yourself and just sit down and listen. Perhaps your legislators will say something that makes you want to speak, or you may just want to listen. What is important is showing up and letting your legislators know you are interested in what they are doing. If you do speak, keep it simple and short. Tell them who you are, where you are from, what your issue is, and why it is important to you. If you want, you can ask them what they are willing to do about your issue or some other question.

Start volunteering on a campaign. If you like your legislator, help them out by offering to stuff envelopes, answer campaign office phones, march in parades, go door-to-door distributing information, or do any other volunteer work they need on their campaign. If you don't like the responses you've gotten from your legislator, find out who is running against them and volunteer on their campaigns.

Still Not Satisfied? Speak with Your Vote! If your legislator isn't paying attention to you, if he isn't addressing the issues you think are important, then replace him! Find out who is running for your legislator's seat and get to know the candidates. Vote in the primary when the political parties pick their candidates, and in the general election (Tuesday, November 7, 2006) when the public will decide who gets the job. But make sure you are registered to vote – it's free, it's easy, and it's necessary if you want to vote.

THE LEAGUE OF HUMAN DIGNITY RURAL HOUSING DEVELOPMENT CORPORATION

Is now taking applications for a 1-bedroom apartment in Columbus or York.

The units come with a Section 8 certificate, and rent is based on income.

Eligible persons must qualify under income guidelines as established by the U.S. Dept. of HUD.

Applicants must have a disability to qualify.

Contact Paula Shufeldt at 1 (888) 508-4758 voice/TDD pshufeldt@leagueofhumandignity.com

UPDATES OF EMERGENCY PREPAREDNESS FOR PEOPLE WITH DISABILITIES REVIEW OF EMERGENCY OPERATION PLANS

Washington, D.C. On Friday, December 16, 2005 Senator Tom Harkin (D-IA) introduced S. 2124, the Emergency Preparedness and Response for Individuals with Disabilities Act of 2005. (See <http://www.aapd.com/News/legislature/S2124.htm> for Bill details.) The legislation will address the needs of individuals with disabilities in emergency planning and relief efforts.

“Hurricane Katrina's aftermath has shown us that we need to have a better emergency response plan, especially one that includes preparations for assisting people with disabilities,” said Harkin.

“This bill is an important step to ensure that the needs of disabled Americans will be addressed in case of an emergency.” Under this legislation, a Disability Coordinator would be created in the U.S. Department of Homeland Security, who will report directly to the Secretary. The

Coordinator would be responsible for:

- * Working with local, state and federal authorities about the needs of individuals with disabilities in emergency planning and relief;

- * Developing a curriculum for first responder training on the needs of individuals with disabilities;

- * Ensure telephone hotlines and websites containing information about evacuations are accessible; and

- * Provide guidance about the rights of individuals with disabilities regarding post evacuation residence and relocation, among other things.

The Emergency Preparedness and Response for Individuals with Disabilities Act of 2005 will also require that 30 percent of temporary housing for disaster victims be accessible and usable by individuals with disabilities, and will provide incentives to create more accessible housing during reconstruction efforts.

Harkin is a longstanding advocate for individuals with disabilities in the U.S. and has worked tirelessly to call attention to disability rights. He was the chief sponsor of the Americans with Disabilities Act (ADA), landmark legislation that seeks equality of opportunity, full participation, independent living, and economic self-sufficiency for millions of Americans with physical and mental disabilities.

((Source: <http://www.aapd.com/News/legislature/S2124.htm>))

UNDER SECRETARY FOR PREPAREDNESS AT THE U.S. DEPARTMENT OF HOMELAND SECURITY CONFIRMED

On December 20, 2005, DHS Secretary Chertoff announced the confirmation of George W. Foresman as the new Under Secretary for Preparedness. Mr. Foresman will begin his tenure with DHS this month. Secretary Chertoff stated in a memo to DHS employees that, "As part of the Second Stage Review (2SR), I introduced a new structure to revamp and bolster our preparedness efforts, which included a new Directorate for Preparedness. Mr. Foresman's appointment is a critical step in standing up this new directorate and consolidating the Department's existing preparedness efforts."

Mr. Foresman brings to his new role more than 20 years of senior management emergency preparedness experience, working on local, State, and Federal public safety and national security issues. Most recently, he served as an Assistant to the Governor of Virginia for Commonwealth Preparedness and was responsible for the Commonwealth's emergency and disaster preparedness activities, including coordination with the private sector. He was also a member of a bi-partisan National Advisory Panel, which was established by Congress to advise the President and Congress on ways to improve preparedness.

2006 FAIR HOUSING CONFERENCE

Coordinated by: Lincoln Commission on Human Rights

Place: Embassy Suites Conference Center, Lincoln, NE

Cost: No charge for the conference. (\$18 for Fair Housing Awards luncheon on April 18th.)

When: April 17 and 18, 2005 (new format -see below)

Monday, April 17, 2005 - 1 to 5 p.m. (Check-in from 12:00 noon to 1 p.m.)

Training Sessions offered:

"Fair Housing 101 for Mortgage Lenders" - Mr. Steve Virgil, Creighton Law Clinic, & Mr. Gary Fischer, Fair Housing Center of Nebraska

“Fair Housing 101 for Insurance Agents” - CEU Accreditation in Process -

Ms. Shanna Smith, National Fair Housing Alliance, Washington, D.C.

Tuesday, April 18, 2005 - 8 a.m. to 5 p.m. (Check-in from 7:00 a.m. to 12:00 noon)

Plenary Sessions:

“Fair Housing Laws: A Legal Update” - Mr. John Relman, Attorney with Relman & Associates, Washington D.C.

“Housing Discrimination? You Decide.” - Panel presentation with HUD staff from the Omaha HUD office.

Concurrent Sessions:

“Addressing Issues That Clients Face in the Housing Field” - Panel presentation with Tor Kue, Southern Sudanese Community Association, Omaha; Danielle Hill, NHDA, and Cindi Preisendorf, Hope Harbor, Grand Island

“Remedies & Damages in Fair Housing” - Alphonso Eason, Kansas City HUD.

“Mobile Homes & Fair Housing” - Stella Adams, North Carolina Fair Housing Center

“HUD - Free-For-All” - Representative of the HUD staff from Omaha and Kansas City

“Geography of Residential Segregation: Polarization or Integration” - Juan Onésimo Sandoval, Northwestern University, Evanston, IL.

“The Harvard, Nebraska Way” - Linda Addison, Hastings Development Corporation and invited guests from Harvard, NE.

For more information, contact the Lincoln Commission on Human Rights at 402-441-7625 or TDD at 402-441-8398 or E-mail: smoody@lincoln

A CHRONOLOGY OF THE DISABILITY RIGHTS MOVEMENT

1961 - The American Council of the Blind is formally organized.

President Kennedy appoints a special President’s Panel on Mental Retardation, to investigate the status of people with mental delays. and develop programs and reforms for its improvement.

The American National Standard Institute, Inc. (ANSI) publishes American Standard Specifications for making buildings accessible to, and usable by, people with disabilities. This landmark document becomes the basis for all subsequent architectural access codes.

1962 - The President’s Committee on Employment of the Physically Handicapped is renamed the President’s Committee on Employment of the Handicapped, reflecting its increased interest in employment issues affecting people with cognitive disabilities and mental illness.

Edward V. Roberts becomes the first severely disabled student at the University of California at Berkeley.

1963 - President Kennedy, in an address to Congress, calls for a reduction, “over a number of years and by hundreds of thousands, (in the number) of persons confined” to residential institutions, and he asks that methods be found “to retain in and return to the community the mentally ill and mentally retarded, and to help restore and revitalize their lives through better health programs and strengthened educational and rehabilitation services.” Though not labeled such at the time, this is a call for deinstitutionalization and increased community services.

Congress passes the Mental Retardation Facilities and Community Health Centers Construction Act, authorizing federal grants for the construction of public and private nonprofit community mental health centers.

South Carolina passes the first statewide architectural access code.

John Hessler joins Ed Roberts at the University of California at Berkeley, other disabled students follow. Together they form the Rolling Quads to advocate for greater access on campus and in

the surrounding community.

1964 - The Civil Rights Act is passed, outlawing discrimination on the basis of race in public accommodations and employment, as well as in federally assisted programs. It will become a model for subsequent disability rights legislation.

Robert H. Weitbrecht invents the "acoustic coupler," forerunner of the telephone modem, enabling teletypewriter messages to be sent via standard telephone lines. This invention makes possible the widespread use of teletypewriters for the deaf (TDD's now called TTY's), offering deaf and hard-of-hearing people access to the telephone system.

1965 - Medicare and Medicaid are established through passage of the Social Security Amendments of 1965. These programs provide federally subsidized health care to people with disabilities and elderly Americans covered by the Social Security program. The amendments also change the definition of disability under the Social Security Disability Insurance program, from "of long continued and indefinite duration" to "expected to last for not less than 12 months." Vocational Rehabilitation Amendments of 1965 are passed, authorizing federal governments for the construction of rehabilitation centers, expanding existing vocational rehabilitation programs, and creating the National Commission on Architectural Barriers to Rehabilitation of the Handicapped.

William C. Stokoe, Carl Croneberg, and Dorothy Casterline publish A Dictionary of American Sign Language on Linguistic Principles, establishing the legitimacy of American Sign Language and beginning the move away from oralism.

The Autism Society of America is founded by parents of children with autism in response to the lack of services, discrimination against children with autism, and the prevailing view of medical "experts" that autism is a result of poor parenting, as opposed to neurological disability.

Congress establishes the National Technical Institute for the Deaf at the Rochester Institute of Technology in Rochester, New York.

1966 - Frederick C. Schreiber becomes the executive secretary of the National Association of the Deaf.

President Johnson establishes the President's Committee on Mental Retardation.

Christmas in Purgatory by Burton Blatt and Fred Kaplan, is published, documenting the appalling conditions at state institutions for people with developmental disabilities.

--to be continued in the next issue

IOWA WEST FOUNDATION AWARDS \$3.5 MILLION IN GRANTS

LEAGUE OF HUMAN DIGNITY RECEIVES \$30,000

The Iowa West Foundation, which is headquartered in Council Bluffs, has announced \$3.5 million in grants for the fourth quarter of 2005. The grants will be used to assist 30 nonprofit organizations and governmental entities with funding for 32 projects and programs.

One of the nonprofit organizations awarded a grant is the League of Human Dignity's Southwest Iowa Center for Independent Living. The League was awarded \$30,000 for a program to increase accessible housing stock in southwest Iowa.

"This money will be used for co-funding of Barrier Removal grants and expansion of the Barrier Removal Grant Program into other Southwest Iowa Counties," announced League CEO Mike Schafer.

"Many of these grants exemplify our new direction to empower organizations with start-up funding," said Todd Graham, executive director of the Iowa West Foundation. "This quarter our board recognized several non-profit applicants who were beginning innovative

projects in our priority areas of community development, economic development, education and social needs.”

Graham highlighted some noteworthy “empowerment-type” grants for projects in the foundation’s four main areas of interest:

- In the area of community development and beautification, a \$50,000 grant was awarded to the Cass County Historical Society for a new effort to restore its historic 1885 museum building located on Main Street in Griswold.

- In the area of economic development, a \$1.5 million grant, the fourth quarter’s largest grant, went to the Pottawattamie County Development Corporation to create a new Council Bluffs downtown revitalization fund to focus on city center developments.

PCDC’s Mark Norman said the group would be looking at the Council Bluffs Downtown Plan, which was adopted by the City Council in 2003, with an eye on what can be implemented.

“We’ll probably have a specific plan of action developed within 30 to 60 days,” Norman said.

Norman said the expectation is that every dollar in the downtown revitalization fund is expected to leverage an additional \$4 in non-fund development.

The plan adopted by the council nearly three years ago focuses on several areas, including the 100 block of West Broadway; the “City Center” area, which extends from the Omni Centre to the post office; the Bayliss Park area; the area south of Bayliss Park, termed the Government Area; and the Haymarket area.

Lynn Grobe, president of the Iowa West Foundation, said, “These grants reflect our board’s mission to ‘improve lives and strengthen communities.’” He added that the foundation has been an important “catalyst” in the region.

Funding for the Foundation’s grants comes from investment earnings and the Iowa West Racing Association, which receives contracted fees from local casino operators - Ameristar and Harrah’s. IWRA distributes funds to the foundation, which is an independent 501 (c) (3) organization that makes grants in southwest Iowa and eastern Nebraska.

ASSOCIATIONS AND SUPPORT GROUPS YOU CAN COUNT ON WHEN YOU NEED SOMEONE WHO UNDERSTANDS

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. Please let us know if you would like to add a listing.

PLEASE HELP KEEP US UPDATED: For corrections, additions or special announcements, contact Michelle in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402- 441-7871 (V/TDD); FAX 441-7650; mmartin@leagueofhumandignity.com

ADVOCACY

EAD-Equal Access for the Disabled, meets 1st Monday of the month at 1:30 p.m. at the Council Bluffs, IA, 6th St & 9th Ave. Contact Pat Butler, President (712-323-1894) or Gloria, Secretary (712-323-3438).

ALS

Amyotrophic Lateral Sclerosis (ALS) (Lou Gehrig’s Disease) Support Group (MDA), Omaha, 7602 Pacific St., Suite 200, 68114 Jessi Thomsen,(402) 390-2914.

Nebraska Office, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, 402-991-8788, 1-866-762-6361; FAX: 402-991-3691, Keith Worthington Chapter; 8340 Mission Rd., Ste B4, Prairie Village, Kansas 66206, 913-648-2062

ALZHEIMERS

Cass Co. Iowa, 2nd Thursday, call Alan & Kathy Teel, 712-243-9835.

nAlzheimers Association of Lincoln/Great Plains Chapter, regular meeting is the 1st Monday of each mo. at 7 pm, Karen (402) 420-2540, Toll-Free 1-800-487-2585.

Omaha/Eastern Nebraska/SW Iowa (402) 572-3010, 1-800-309-2112.

Fremont Co. in Sidney, IA, 4th Monday each mo. at 7pm, Sidney presbyterian Church, 1000 Illinois St, call Faye at 712-374-2433.

Harrison Co., Missouri Valley, last Tues of each mo. at 3 pm, Longview Home, call Evonne at 712-642-2264.

Page Co. in Clarinda, 3rd Thursday of each mo. at 2:30 pm, Goldenrod Facility, call Linda at 712-542-5621.

Scottsbluff 1st Thursday of each mo., Beverly Healthcare, 111 W. 36 St, Stacy Rotherham (308) 635-2019.

Council Bluffs, last Tuesday of each mo. at 6:30 pm at Bethany Lutheran Home, 712-572-3059.

Shelby Co. in Harlan, 3rd Wednesday each mo. at 6:30 pm at Harlan Senior Center, call Alice at 712-755-2757.

AMPUTEE

United Support for Amputees, Omaha Emmanuel Hospital Rehabilitation Center, 3rd Tuesday of each month, Maxine, (712) 644-2955, after 7 pm.

Beyond Limbloss, Lincoln, Kenny, (402) 466-0268, cell 540-0748

ARTHRITIS

Arthritis Foundation, Nebraska Chapter 402-330-6130 (within Omaha) and 800-642-5292 (outside Omaha) FAX: 402-330-6167

The web site remains the same (www.arthritis.org).

Arthritis Foundation Iowa Chapter, Des Moines, meets monthly, 515-278-0636; FAX: 515-278-2636; Info.ia@arthritis.org; www.arthritis.org

ATHLETICS

Cornhusker Wheelchair Athletics Ass'n Lincoln Ian (402) 486-8449, www.cwaane.org

Eastern Nebraska Wheelchair Athletic Association, Omaha, Greg (402) 289-3521.

Junior Wheelchair Basketball Team, Omaha, Mike (402) 554-2539; Rita (402) 551-4598.

AUTISM

Autism Society of Nebraska, Jean McDermott (402) 431-0166

Families for Early Autism Treatment (FEAT) of Nebraska, Mark Hirschfeld (402) 955-1780

Unlocking Autism, Connie Shockley (402) 933-2565

BLIND/VISUALLY IMPAIRED

C-Big (Council Bluffs Blind Information Group) Chuck Dietz (712) 323-4817.

United Blind of Omaha, Gary 402-455-4116, Sherry 556-4156.

Support Groups for the Visually Impaired Albion,Center, Columbus, Norfolk, Tekamah, Westpoint, John/Glen 402- 370-3436.

Support Groups for the Visually Impaired in Iowa, Iowa Department for the Blind 1-800-362-2587

VIPS Support Groups for visually impaired; over 1000 members throughout Nebraska; to find your group, contact: President Howard Simons, Isanders Group, 324 W 13 St, Grand Island, NE 68801; 308-381-8003.

CANCER

American Cancer Society, Heartland Division (Omaha Office) 402-393-5800; 1-800-642-8116

PLEASE CALL FOR SUPPORT GROUPS IN OMAHA AND SURROUNDING AREAS

Lincoln, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.

Lincoln; Corporate Building, 7441 O St., Suite 301. "Breast Cancer Support Group" and "Look Good Feel Good" meetings will be held on 1st or 2nd Wednesday of the month. Call Mary at 402-486-7258.

Montgomery Co. in Red Oak, Breast Cancer group, meet monthly at Montgomery County Memorial Hospital, 4th Monday of mo at 6:30 pm, call Carla at 712-623-7215.

Shelby Co. in Harlan, at Myrtue Memorial Hospital, 4th Monday of the month at 6:30 pm, call Cheryl at 712-755-5161.

CHRONIC PAIN

Lincoln Chapter, American Chronic Pain Association, 1st & 3rd Tues each month, 7-8:30 pm, 1st Step Recovery & Wellness Center, 2231 Winthrop Rd. Call Chapter President Terrance Dukes (402) 423-9405.

DEAF

Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) 4600 Valley Rd, Ste 420; 402-471-3593 or 1-800-545-6244.

Communication Service for Deaf of Iowa, employment services (712) 322-1489.

Deaf Services Commission of Iowa. 1-888-221-3724 V/TTY.

DEPRESSION

Manic Depressive and Depressive Association, Lincoln, (402) 483-8886.

Greater Omaha Depression & Manic Depression Association, Omaha, Kate (402) 551-3275.

Depression/Bipolar Support Alliance-Lincoln, 1st Tues each month, 7 p.m., call 402-481-5320.

DEVELOPMENTAL DISABILITIES

The ARC of Lincoln/Lancaster County; Individual & Family Support Services; Dads Groups; Sibshops; Family Gatherings; Vacation Program; Group Residences; 1101 Arapahoe, Suite 5, (402) 421-8866; www.lincolnne.com/nonporofit/arc

Easter Seal Nebraska provides services to children & adults with disabilities & other special needs, as well as support to their families. Call 800-650-9880/ www.ne.easterseals.com.

Mosaic: at Bethpage Village, 1044 23rd Rd, PO Box 67, Axtell, NE 68924, (308) 743-2401, Mosaic_Axtell@mosaicinfo.org; 722 S. 12th; Box 607; Beatrice, NE 68310; (402) 223-4066.

DIABETES

American Diabetes Association

(800) 342-2383.

Cass Co, 2nd Wednesday every other mo. at 6:30 pm, call Marcia at 712-243-3250.

Lincoln Diabetes Center: (402) 481-3055.

Page Co., 4th Monday at 6:30 pm, call Elaine at 712-542-2176.

Pottawattamie Co., 3rd Tues. at 5:30 pm, call Cheryl 712-755-4316.

Shelby Co., 3rd Monday at 1:30 pm, March - Nov, call Jan at 712-755-4316.

DOWN SYNDROME

Omaha Nat'l Down Syndrome Society (NDSS) Neb. Affiliate; Contact 402-553-5335 or nebuddywalk@cox.net

Lincoln, NE Parent and family group; meetings, holiday events, Buddy Walk, parent packets, Call: Deb Safarik: 402-466-7641

Lincoln Early Devel. Services Coordination 402-441-6710

Early Development Network in Lancaster County; ESU #6, 1-800-327-0091

National Down Syndrome Society 666 Broadway, New York, NY 10012, 1-800-221-4602,

info@ndss.org

Council Bluffs Down Syndrome Parent Group, Kyla Alba at 712-366-0503 x257 or 712-322-9391.

DYSLEXIA

Nebraska Branch International Dyslexia Association, "Smart Kids: School Problems" Grand Island, Brenda (308) 381-8943.

Lincoln, Irene (402) 327-0751.

EPILEPSY

Epilepsy Association of Nebraska, Omaha (402) 553-6567.

Epilepsy Support Group, meets third Tuesday each month in Omaha, Wittson Hall on the UNMC campus, Room 3010.

FIBROMYALGIA

Omaha, Arthritis Foundation (402) 572-3040.

Gordon area, meets in various pla

Humbolt, IA area, call Judy at 515-332-3376 (9 am-9 pm); bjmerris@goldfieldaccess.net

Mercy Medical Center, New Hampton, IA area, meets monthly, call Judy 641-394-3106 ext 189.

Page Co., 2nd Monday at 5:00 p.m. Call Shelly at 712-542-2176.

Shenandoah, IA area, meets four times a year or when requested, call Della 712-246-3244;

delsta@netins.net

FMS-CF SYNDROME

Support Group, Council Bluffs. Call (712) 323-9448.

GRIEF RESOLUTION

First Thurs. of each mo., Wyuka in Lincoln, (402) 474-3600

HARD OF HEARING

S.H.H.H. – Lincoln, 7 P.M. New Covenant Church, 3rd Thursday of each month, call (402) 471-3593.

HEAD INJURY

Head Injury Support Group, Lincoln, Jan Lingren, 2nd Tuesday at 7 pm, First United Methodist Church (402) 488-1916.

Head Injury Survivors Group, 3rd Wednesday at 6:30 pm at Goodwill Industries, Lincoln (402) 231-1933.

Head Injury Support Group, Omaha, Gail Kerwin (402) 571-5651.

Head Injury Support Group, Norfolk, 1st Monday, Faith Regional Health Services.

HYDRANENCEPHALY

Omaha Local contact: Lynne (402) 485-2229 or rtrease@nntc.net; Internet support also available (please call for more information)

LEARNING DISABILITIES

Learning Disabilities Association of Nebraska, Sharon, Omaha (402) 571-7771.

LEUKEMIA & LYMPHOMA

Lincoln Family Support Group for adult patients and family members with leukemia, lymphoma, Hodgkin's disease, myeloma or myelodysplastic syndromes. Call The L & L Society, 402-344-2242 in Omaha, 402-438-2242 in Lincoln. Omaha-area group meets 2nd Tuesday of the month and Lincoln-area group meets 2nd Monday of the month. Call for more info.

Lincoln Telephone Support Group for adult Myeloma, Lymphoma and Leukemia patients and family members; Mondays 10-11am; talk with support group from home; free service of Nebraska Chapter, The Leukemia & Lymphoma Society Call Tonya: 402-344-2242 or

1-888-847-4974.

MDA

MDA Duchene Parents Support Group, Omaha/Papillion, meets quarterly Sat., 1-3; Papillion/LaVista High School, 420 S Washington St; Jessi Thomsen 402-390-2914

MENTAL ILLNESS

Page Co Serious & Persistent Mental Illness, 3rd Wed. at 1:30 p.m., call Jennifer 1-712-542-2388.

Nebraska Family Support Network an advocacy organization for families of children & youth with mental illness, supporting Cass, Dodge, Douglas, Sarpy & Washington counties. 3568 Dodge St, Omaha, NE 68131, (402) 345-0791.

National Alliance for the Mentally Ill(NAMI)<http://www.nami.org/sites/ne>. For questions, please call Dan Jackson at NAMI Nebraska, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: 1-877-463-6264;

Mental Health Association of Nebraska 1-800-422-6691 or www.MHA-NE.org

Council Bluffs, NAMI meets 1st Thurs of mo., call Laura at 1-712-242-0050.

Grand Island 877-463-6264; or Carole Denton (308) 382-8604; jdenton@navix.net

Hastings NAMI Hastings, Kevin Ehly (402) 462-8657;

Juniata/Hastings NAMI - FORSE, Cindy Scott (402) 751-2226, hs35558@navix.net; Hastings

NAMI CARE (Consumers Advocating Recovery Through Empowerment) Linda Shaw (402) 463-6354.

Kearney NAMI Central Nebraska, Linda Jensen (308) 865-8729 or Cindy Mayer (308) 234-3212.

Lincoln NAMI Lincoln, Susan Krome (402) 484-8653; Tami Walden (402) 471-4515; Mental Health Lincoln Support Group, Tuesdays 3-4 pm Bennet Martin Library.

McCook NAMI Of SW Nebraska, Sandy Graves (308) 345-3013.

Norfolk/Hartington NAMI Northeast Nebraska, Tom Barr (402) 371-7175.

North Platte NAMI Platte Valley, Margaret Baker (308) 535-7434.

Oakland NAMI Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.

Scottsbluff NAMI Western Nebraska, Shirley McLaughlin (308) 635-2239, shirley@prairie.web.com

Sutherland NAMI Trails West Nebraska, Margaret Baker (308) 284-4078, bakerm@gpcom.net

MULTIPLE CHEMICAL SENSITIVITY

MCS Information Exchange, 2 Oakland St, Brunswick, ME 04011 conceptmed.com

MULTIPLE SCLEROSIS

Omaha, (402) 572-3190 or 1-800-755-3959

Lincoln, contact Karen Olson (402) 486-1885

Norfolk, (402) 648-7906

Council Bluffs, meets 3rd Thursday every month, 7 pm, Bruce (712) 482-3412

MYOSITIS

Support Group, Lincoln, Contact Mac Warren, (402) 438-5183. Online, www.myositis.org

PARENT SUPPORT GROUP

Parent Training and Information (PTI) for Families of Children with Disabilities 3135 N 93 St, Omaha, phone & fax: (402) 346-0525; 1-800-284-8520; kheinen@pti-nebraska.org

PARKINSON

Lincoln Support Group meets 4th Sunday each month (except December); 2:00 pm; Madonna Rehabilitation Hospital, 5401 South St (52nd St entrance); Contact: Jill 402-486-8164 or Lori ,

402-486-9040. Call for schedule of topics.

Fremont (402) 478-4853

Panhandle Area meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm;

Contact: Maurice Wheeler (308) 623-2508

Clarinda, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161

PERIPHERAL NEUROPATHY

Lincoln Support Group meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402) 483-4908.

POLIO

Nebr Polio Survivors Assoc., Omaha 402-341-0710.

Lincoln/Lancaster County, Vera (402) 467-5650.

RESPIRATORY

Better Breathers, 4th Monday at 4 pm, call Sharon at 712-328-5479.

The American Lung Association of Nebraska offers programs & services to prevent lung disease & promote lung health education, research & advocacy. For more information call

1-800-586-4872.

SCHIZOPHRENICS ANONYMOUS

Lincoln Group meets Fridays 7-9pm; First Plymouth, 20th & D St.

SCLERODERMA

Lincoln meets at Roper & Son Resource Ctr, 4400 S 70 St; Leader: Terry Christensen (308) 384-4017; terry058@webtv.net

Omaha meets 2nd Tues. every other month, 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Leader: Barb Heenan (402) 291-7670; omahassg@aol.com

Grand Island meets at St. Francis Hospital, 2620 Faidley Ave, Conf. Rm 3A; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net

South Sioux City meets at S. Sioux City Library Annex every other month, 6:30 p.m. Call Jane (402) 494-4532 for more information.

SPINA BIFIDA

Spina Bifida Ass'n of the Star City, Lincoln, Jerry (402) 434-3000.

Spina Bifida Support Group, Omaha, meets 1st Wednesday each month 7 pm, Quality Living East Campus, Cabana Room; Call Jolene (402) 894-2070.

SPINAL CORD INJURY/DISEASE

E. Nebr./W. Iowa Spinal Cord Injury Assoc. meets bimonthly various Omaha locations. Call Brian at (402) 573-6904, enwiscia@cox.net or www.nebraskascia.org

Spinal Cord Injury Peers (SCIP) (Nebraska Panhandle) meets monthly; Regional West Medical Ctr, Scottsbluff. Call (308) 635-7901; 630-1070; or Cheryl 436-1060.

Central NE Spinal Cord Injury Group, Hastings. Call Darla McAllister H: 402-463-5926 or W: 461-5161, bamadarla@alltel.net

STROKE

SE Nebr. Stroke Club, Lincoln (402) 483-9594

"Come Back Club", Lincoln 1-888-808-5678.

Cass Co., 3rd Wednesday at 3 pm at 1501 E 10th St, Atlantic, IA. Barb, 712-243-3250.

TOURETTE SYNDROME

Lincoln Nebr. Assoc. for Tourette Syndrome Group (402) 467-9077

CLASSIFIED ADVERTISEMENTS

FOR SALE: 3-G Storm power wheelchair, \$7,500 OBO. Has tilt seating & is 4 years old. Please call Dana at 438-8300. (Lincoln)

Save Money - Don't Buy When You Can Rent! Standard Walker, 2 or 3 Wheeled Walker, 4 Wheeled Walker, Manual Wheelchair, Motorized Wheelchair or Motorized Scooter, Bariatric Wheelchair 28" width, Hospital Bed, Crutches, Quad Canes, Walker Wheels, Hemi-Walker, Tri-Walker, Toilet Seat Riser, Forearm Crutches, Canes, Folding Bed Tray, Seat Cushion, Wedges, Transfer, Transfer w/ Commode, S.A.D. Lamps, Tens Unit, Nebulizer, Shoe Horn, I.V. Stand, Bed Assist, Alternating Pressure Relief, Sof-Sitz, Ez-Shampoo, Ez-Shower, Posey lap Hugger, Medical Shoe, Blood Pressure Monitor, Commodes, Bath Seat, Foot Stools. Affordable Rates, Huge Inventory. Omaha Medical Supplies, 7120 Blondo in Omaha, Neb., 402-305-0445. Open Tuesday thru Saturday, 10:00 am to 5:00 pm.

FOR SALE: Pride Jazzy 1120 elec. Wheelchair, great shape, \$995. Please call Joe at (402) 489-9127. (Lincoln)

FOR SALE: New Jazzy Scooter Chair, \$900. Scooter Chair, 6 months old, \$700. Like new. Aluminum Ramp-Lifetime Ramp, \$400. Please call Thelma at (402) 320-2144. (Omaha)

FOR SALE: Jazzy Power Wheelchair, brand new, paid \$5,500, asking \$3,000. Never used. Please call Elaine at (402) 292-3565. (Bellevue)

FOR SALE: Invacare 5000 electric hospital bed with rails & mattress, \$500. National Wheel/o/vator wheel chair lift, model 60, 550# capacity, \$1000. Please call Dave at (402) 764-5834, leave message. (Columbus)

FOR SALE: Electric lift chair in good condition, tan/brown, can deliver to Lincoln area. Please call Loren at (402) 435-8603, leave message. (Lincoln)

FOR SALE: Pride Jazzy 1120 Power Wheelchair, excellent condition, \$995. Please call Joe at (402) 489-9127. (Lincoln)

FOR SALE: Flexaciser (you can exercise in your wheelchair); six-way adjustment for van driver's seat and hand brake. Please call Floyd at (402) 435-3151. (Lincoln)

FOR SALE: 1994 Chevy van with side lift, in good shape, \$5000; Electric wheelchair, 6 years old, works well, \$1000. Please call Bill at (402) 736-4601. (Bradshaw)

FOR SALE: 2005 Dodge Caravan, tan, wheelchair accessible, easy rear-entry ramp access, sliding side doors, 19k miles. \$27,500. Please call Margaret at (402) 571-4605. (Omaha)

FOR SALE: Folding manual wheelchair Quickie LX - dark purple, 16" x 18" seat, quick release 24" spoke wheels. Pictures at <http://enwiscia.tripod.com/ebay/quickie.htm>. \$500 (402) 573-6452.

FOR SALE: Bruno platform lift for a minivan, \$600; Jazzy 1122 electric wheelchair with gel seat, good condition, barely used, \$1200. Please call Melvin at (308) 623-0147. (Mitchell)

FOR SALE: Scooter lift for Dodge or Chrysler mini-van. Please call Mike at (402) 423-2998. (Lincoln)

YOUR \$5 AD WILL REACH 8,000 READERS!

Contact Us at:

LEAGUE OF HUMAN DIGNITY, attn: Michelle, 1701 P Street Lincoln, NE 68508;
402-441-7871 (V/TDD) FAX: 441-7650

(\$5.00 for first 25 words, 25 cents for each additional word)

LEAGUE OF HUMAN DIGNITY

PROMOTING INDEPENDENT LIVING SINCE 1971

You Can Help by sending a donation in any amount to the League of Human Dignity, 1701 P Street, Lincoln, NE 68508.

You may honor a loved one's birthday through an Honorarium Gift; remember someone special in death with a Memorial Gift; include the League in your will; support our benefit auctions; or be creative and come up with your own style of giving!

(pictured in the upper left of the page is a power wheelchair)

THIS IS NOT A WHEELCHAIR.

It is independence. It is the latest mobility technology tailored to meet your exact needs.

It is comfort, and it is the backing from people with over 30 years in the business of maintaining independence for people just like you.

Call us at 441-7871 or visit www.mobility-options.com to learn more about our full line of mobility products.

Mobility Options

Knowledge. Innovation. Independence.

(402) 441-7871 (V/TDD)

1701 P Street

visit us on the web: www.leagueofhumandignity.com & www.mobility-options.com