

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. (For corrections, additions or special announcements, contact Michelle in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402- 441-7871 (V/TDD); mmartin@leagueofhumandignity.com

ALS

Nebraska Office, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, (402) 991-8788, 1-866-762-6361; FAX: (402) 991-3691, Keith Worthington Chapter; 8340 Mission Rd., Ste B4, Prairie Village, **Kansas** 66206, (913) 648-2062.

Alzheimers

For more info contact the **Alzheimer's Association Chapter at (402) 502-4300 or (800) 272-3900.**

Atlantic, IA, 3rd Thurs. of mo. 7:00 p.m., Home Care & Hospice Bldng, 1500 E. 10th St.

Council Bluffs, last Tuesday of each mo., 6:30 pm at Bethany Lutheran Home, 7 Elliott St.

Fremont, NE 3rd Thurs. of mo., 6:30 p.m. Pathfinder House, 3010 N. Clarkson St.

Alzheimers Association of **Lincoln/Great Plains Chapter**, regular meeting is the 1st Monday of each mo. at 7 pm, Karen (402) 420-2540.

Missouri Valley, IA last Tuesday of each mo. at 3 pm, Longview Home, 1010 Longview Rd.

Omaha, NE, various locations including Brighton Gardens, New Cassel, St. Joseph Villa, Thomas Fitzgerald Veteran's Home, Bickford Cottage, and St. Paul's Lutheran Church in Millard. Please call (402) 502-4300 for more specific information and times.

Osceola, 3rd Monday of each mo. at 7 pm, Osceola Good Sam., call Carmen at (402) 747-2691.

Sidney, IA, 4th Monday each mo. at 7pm, First Community Bank.

Scottsbluff 1st Thursday of each mo., Beverly Healthcare, 111 W. 36 St, Stacy Rotherham (308) 635-2019.

Shelby Co. in Harlan, 2nd Tues. each mo., 2:30 pm at Harlan Senior Center, 706 Victoria St.

Amputee

United Support for Amputees, Omaha Emmanuel Hospital Rehabilitation Center, 3rd Tuesday of each mo., Maxine, (712) 644-2955, after 7 pm.

Beyond Limbloss, Lincoln, Kenny, (402) 466-0268, cell (402) 540-0748.

Arthritis

Arthritis Foundation, **Nebraska Chapter** (402) 330-6130 (within Omaha) and 800-642-5292 (outside Omaha) FAX: (402) 330-6167 The web site remains the same (www.arthritis.org).

Arthritis Foundation **Iowa Chapter, Des Moines**, meets monthly, (515) 278-0636; FAX: (515) 278-2636; Info.ia@arthritis.org; www.arthritis.org.

Athletics

Cornhusker Wheelchair Athletics Ass'n **Lincoln**, Ian (402) 486-8449, www.cwaane.org.

Eastern Nebraska Wheelchair Athletic Association, **Omaha**, Greg (402) 289-3521.

Junior Wheelchair Basketball Team, **Omaha**, Mike (402) 554-2539; Rita (402) 551-4598.

Autism

Autism Society of **Nebraska**, Jean McDermott (402) 431-0166.

Families for Early Autism Treatment (FEAT) of **Nebraska**, Mark Hirschfeld (402) 955-1780.

Unlocking Autism, Connie Shockley (402) 933-2565.

Blind/Visually Impaired

C-Big (**Council Bluffs** Blind Information Group) Chuck Dietz (712) 323-4817.

Nebraska Commission for the Blind & Visually Impaired, 877-809-2419. Serving Lincoln, Omaha, Kearney, North Platte, Norfolk and Scottsbluff.

United Blind of **Omaha**, Gary (402) 455-4116, Sherry (402) 556-4156.

Support Groups for the Visually Impaired **Albion, Center, Columbus, Norfolk, Tekamah, Westpoint**, John/Glen (402) 370-3436.

Support Groups for the Visually Impaired in **Iowa**, Iowa Department for the Blind 1-800-362-2587.

VIPS Support Groups for visually impaired; over 1000 members throughout **Nebraska**; to find your group, contact: President Howard Simons, Islanders Group, 324 W 13 St, Grand Island, NE 68801; (308) 381-8003.

Brain Injury

Council Bluffs, REM Iowa Community Services, (712) 323-5459. Who

Cancer

American Cancer Society, **Heartland Division** (Omaha Office) (402) 393-5800; 1-800-642-8116.

Lincoln, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.

Lincoln; Corporate Building, 7441 O St., Suite 301. "Breast Cancer Support Group" and "Look Good Feel Good" meetings will be held on 1st or 2nd Wednesday of the mo. Call Mary at (402) 486-7258.

Montgomery Co. in Red Oak, Breast Cancer group, meet monthly at Montgomery County Memorial Hospital, 4th Monday of mo at 6:30 pm, call Carla at (712) 623-7215.

Shelby Co. in Harlan, at Myrtue Memorial Hospital, 4th Monday of the month at 6:30 pm, call Cheryl at (712) 755-5161.

Chronic Pain

Lincoln Chapter, American Chronic Pain Association, 1st & 3rd Tues each month, 7-8:30 pm, 1st Step Recovery & Wellness Center, 2231 Winthrop Rd. Call Chapter President Terrance Dukes (402) 423-9405.

Deaf

Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) 4600 Valley Rd, Ste 420; (402) 471-3593 or 1-800-545-6244.

Communication Service for Deaf of **Iowa**, employment services (712) 322-1489.

Depression

Manic Depressive and Depressive Association, **Lincoln**, (402) 483-8886.

Greater Omaha Depression & Manic Depression Association, **Omaha**, Kate (402) 551-3275.

Depression/Bipolar Support Alliance-Lincoln, 1st Tues each mo., 7 p.m., call (402) 481-5320.

Developmental Disabilities

The ARC of **Lincoln/Lancaster County**; 1101 Arapahoe, Suite 5, (402) 421-8866; www.lincolnne.com/nonporofit/arc.

The ARC of **Omaha**; 1941 S. 42nd St. (402) 346-5220, www.olliewebbin.org. (Ind & family support services.)

Easter Seal, call 800-650-9880, www.ne.easterseals.com.

Mosaic: at Bethpage Village, 1044 23rd Rd, PO Box 67, **Axtell, NE** 68924, (308) 743-2401, Mosaic_Axtell@mosaicinfo.org; 722 S. 12th; Box 607; **Beatrice**, NE 68310; (402) 223-4066.

Diabetes

American Diabetes Assoc. 1-800-342-2383.

Cass Co, 2nd Wednesday every other mo. at 6:30 pm, call Marcia at (712) 243-3250.

Lincoln Diabetes Center: (402) 481-3055.

Page Co., 4th Monday at 6:30 pm, call Elaine at (712) 542-2176.

Pottawattamie Co., 3rd Tues. at 5:30 pm, call Cheryl (712) 755-4316.

Shelby Co., 3rd Monday at 1:30 pm, March - Nov, call Jan at (712) 755-4316.

Down Syndrome

Omaha Nat'l Down Syndrome Society (NDSS); Contact (402) 553-5335 or nebuddywalk@cox.net.

Lincoln, NE Parent and family group; meetings, holiday events, Buddy Walk, parent packets, Call: Deb Safarik (402) 466-7641.

Lincoln Early Devel. Services Coordination (402) 441-6710.

National Down Syndrome Society 666 Broadway, New York, NY 10012, 1-800-221-4602, info@ndss.org.

Council Bluffs Down Syndrome Parent Group, Kyla Alba at (712) 366-0503 x257 or (712) 322-9391.

Dyslexia

Nebraska Branch International Dyslexia Association, "Smart Kids: School Problems" **Grand Island**, Brenda (308) 381-8943.

Epilepsy

Epilepsy Association of Nebraska, **Omaha** (402) 553-6567.

Epilepsy Support Group, meets third Tuesday each mo. in Omaha, Wittson Hall on the UNMC campus, Room 3010.

Fibromyalgia

Omaha, Arthritis Foundation (402) 572-3040.

Gordon area, meets various places.

Humbolt, IA area, call Judy at (515) 332-3376 (9 am-9 pm); bjmerris@goldfieldaccess.net.

Mercy Medical Center, New Hampton, IA area, meets monthly, call Judy (641) 394-3106 ext 189.

Page Co., no classes since spring 2007.

Shenandoah, IA area, meets four times a year or when requested, call Della (712) 246-3244; delsta@netins.net.

FMS-CF Syndrome

www.wicfs-me.org.

Grief Resolution

With Horizon Hospice, Monday evenings, (402) 474-3600. **Lincoln**.

Hard of Hearing

S.H.H.H.- **Lincoln**, 7 p.m. New Covenant Church, 3rd Tuesday of each mo., (402) 471-3593.

Head Injury

Lincoln, Nita Sipple, 2nd Tuesday at 7 pm, First United Methodist Church (402) 890-4521.

Head Injury Survivors Group, 3rd Wednesday at 6:30 pm at Goodwill Industries, **Lincoln** (402) 231-1933.

Norfolk, 1st Monday, Faith Regional Health Services.

Hydranencephaly

Omaha Local contact: Lynne (402)485-2229 or rtrease@nntc.net; Internet support also available.

Learning Disabilities

Learning Disabilities Association of Nebraska, Sharon, **Omaha** (402) 571-7771.

Leukemia & Lymphoma

Lincoln Family Support Group for adult patients and family members with Leukemia, Lymphoma, Hodgkin's Disease, Myeloma or Myelodysplastic Syndromes. **Call The L & L Society, (402) 344-2242 in Omaha, (402) 438-2242 in Lincoln.** Omaha-area group meets 2nd Tuesday of the month and Lincoln-area group meets 2nd Monday of the month. Call for more info.

Lincoln Telephone Support Group for adult Myeloma, Lymphoma and Leukemia patients and family members; Mondays 10-11am; talk with support group from home; free service of **The Leukemia & Lymphoma Society** Call Tonya: (402) 344-2242 or 1-888-847-4974.

MDA

General Group, 3rd Tues of each mo. 7-8:30 p.m.; Parents Group, every other mo. on 3rd Sat. 2-4 p.m., both groups **alternate between Lincoln and Omaha**; Lincoln meets at Sheridan Lutheran & Omaha meets at Stonebridge Church. Please call Megan Burns at (402) 390-2914.

Medical Equipment Loan

Omaha, Presbyterian outreach Inc. HELP Program, call Jeremy Waymire at (402) 341-6559 x 101.

Mental Illness

Page Co Serious & Persistent Mental Illness, 3rd Wed. at 1:30 p.m., call Jennifer (712) 542-2388.

Nebraska Family Support Network an advocacy organization for families, supporting Cass, Dodge, Douglas, Sarpy & Washington counties. 3568 Dodge St, Omaha, NE 68131, (402) 345-0791.

National Alliance for the Mentally Ill (NAMI) <http://www.nami.org/sites/ne>. Dan Jackson at **NAMI Nebraska**, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: 1-877-463-6264; **Mental Health Association of Nebraska** 1-800-422-6691 or www.MHA-NE.org.

Council Bluffs, NAMI meets 1st Thurs of mo., call Laura at (712) 242-0050.

Grand Island 877-463-6264; or Carole Denton (308) 382-8604; jdenton@navix.net.

Hastings NAMI Hastings, Kevin Ehly (402) 462-8657;

Juniata/Hastings NAMI - FORSE, Cindy Scott (402) 751-2226, hs35558@navix.net; **Hastings NAMI CARE** (Consumers Advocating Recovery Through Empowerment) Linda Shaw (402) 463-6354.

Kearney NAMI Central Nebraska, Linda Jensen (308) 865-8729 or Cindy Mayer (308) 234-3212.

Lincoln NAMI, Susan Krome (402) 484-8653; Tami Walden (402) 471-4515; **Mental Health Lincoln**, Tuesdays 3-4 pm Bennet Martin Library.

McCook NAMI of SW Nebraska, Sandy Graves (308) 345-3013.

Norfolk/Hartington NAMI Northeast Nebraska, Tom Barr (402) 371-7175.

North Platte NAMI Platte Valley, Margaret Baker (308) 535-7434.

Oakland NAMI Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.

S **Scottsbluff NAMI** Western Nebraska, Shirley McLaughlin (308) 635-2239, shirley@prairie.web.com.
U **Sutherland NAMI** Trails West Nebraska, Margaret Baker (308) 284-4078, bakerm@gpcom.net.

P Multiple Chemical Sensitivity

MCS Information Exchange, 3 Larrabee Farm Road, Brunswick, ME, 04011. www.conceptmed.com.

P Multiple Sclerosis

Omaha, (402) 572-3190 or 1-800-755-3959.
Lincoln, Nat'l MS Society, 2nd Tues. of each month, 7 pm, 1st Lutheran Church (70th), call Karen Lind-Olson (402) 486-1885 or Leatha Johnson (402) 826-4113.
Lincoln, MSA, meets 1st Sat. each mo. at Bryan LGH East-Classroom 2, 10 to Noon, call Kathy at (402) 438-3284.

Norfolk, (402) 648-7906.

Council Bluffs, meets 3rd Thursday every month, 7 pm, Jerry Ebsen (712) 366-9569.

G Myositis

Lincoln, call Mac Warren (402) 438-5183.

Online, www.myositis.org.

Support Group, **Bennington**, call Laura at (402) 238-3261.

U Parent Support Group

Parent Training and Information (PTI) for Families of Children with Disabilities 3135 N 93 St, **Omaha**, phone & fax: (402) 346-0525; 1-800-284-8520; kheinen@pti-nebraska.org.

Parkinson

Lincoln meets 4th Sunday each mo. (no Dec.); 2 p.m.; Madonna Rehabilitation Hospital, 5401 South St (52nd St entrance); Contact: Delene (402) 486-4810 or David (402) 217-3833.

Fremont (402) 478-4853.

Panhandle Area meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm; Contact: Maurice Wheeler (308) 623-2508.

Clarinda, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161.

Peripheral Neuropathy

Lincoln, meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402) 483-4908.

Polio

Nebr Polio Survivors Assoc., **Omaha** (402) 341-0710.

Lincoln/Lancaster County, Vera (402) 467-5650.

Respiratory

Better Breathers, 4th Monday at 4 pm, call Sharon at (712) 328-5479.

The American Lung Association of Nebraska offers programs & services & education. Call 1-800-586-4872.

Respite

Omaha, Senior Companions at Presbyterian Outreach Inc., call Pam Jones at (402) 341-6559 x 102.

Schizophrenics Anonymous

Lincoln Group meets Fridays 7-9pm; First Plymouth, 20th & D Sts.

Scleroderma

Lincoln meets at Roper & Son Resource Ctr, 4400 S 70 St; Leader: Terry Christensen (308) 384-4017; terry058@webtv.net.

Omaha meets 2nd Tues. every other month, 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Leader: Barb Heenan (402) 291-7670; omahassg@aol.com.

Grand Island meets at St. Francis Hospital, 2620 Faidley Ave, Conf. Rm 3A; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net.

Spina Bifida

Spina Bifida Ass'n of the Star City, **Lincoln**, Jerry (402) 434-3000.

Omaha, meets 1st Wed. each month 7 pm, Quality Living East Campus, Cabana Room; Call Jolene (402) 894-2070.

Spinal Cord Injury/ Disease

ENWISCIA: Brian Richardson, (402) 573-6904 for information or e-mail at ENWISCIA@cox.net. Spinal Cord Injury Peers (SCIP) meets monthly; Regional West Medical Ctr, **Scottsbluff**. Call (308) 635-7901; or (308) 630-1070.

Central NE Group, **Hastings**. Call Darla (402) 461-5124.

Stroke

4th Thurs./mo. @ 1pm @ Madonna, 5401 South St., **Lincoln**, (402) 483-9590. Also, "Come Back Club", **Lincoln** 1-888-808-5678.

Cass Co., 3rd Wednesday at 3 pm at 1501 E 10th St, Atlantic, IA. Rita, (712) 243-7480.

Tourette Syndrome

Lincoln, Neb Assoc. for Tourette Synd, (402) 467-9077.